



Pravara Rural Education Society's
Arts, Science and Commerce College,
Kolhar Tal. Rahata, Dist.- Ahmednagar- 413710
Affiliated to Savitribai Phule Pune University, Pune

Self Study Report: 2023 (2nd Cycle)



Criteria - 5
Student Support and
Progression

Key Indicator: 5.1
Student Support

Metric: 5.1.2 (QnM)

Capacity building and skills enhancement initiatives taken by the institution include the following 1. Soft skills,
2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene),
4. ICT/computing skills

2020-21



Submitted to
NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL
BENGALURU

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Academic Year- 2020-21

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Submitted to
NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL
BENGALURU

Report of Programme

Topic Guidance on interview techniques and communication skill

Date : 17th to 18th February 2021

Time : 11.00 am

Venue : Online

Website Link: <https://us04web.zoom.us/j/77096465477?pwd=NGQ4WIZ2>

Meeting ID : 77096465477

Password : Sb9

Organised By: Training and Placement Cell of
Pravara Rural Education Society's,
Arts Science & Commerce College, Kolhar.

The Principal,
Arts, Science & Commerce College
Kolhar.

Subject: Permission to organize the workshop on Guidance on Interview Technique & Communication Skill

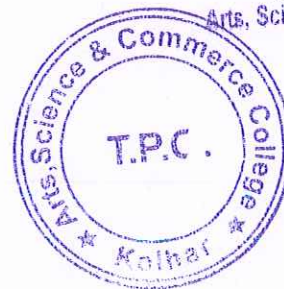
Respected Sir,

As per the above-mentioned subject, the Training and Placement Cell would like to organize Guidance Program on Guidance on Interview Technique & Communication Skill "on 17 to 18 February 2021.

Thanking You

Yours Sincerely

*X-Mun
AS per Need
Jm 19.11*



[Signature]
T. P. O.
Training and Placement Cell
Arts, Science and Commerce College, Kolhar



LOKNETE DR. BALASAHEB VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY

**ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR**

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Date: 15/02/2021

Student Notice

All the students are hereby informed that Training and Placement Cell is going to organize **Guidance on Interview Technique & Communication Skill** "on 17 to 18 February 2021, at 11.00 am Zoom Platform All the students should attend the workshop.




Principal

Pravara Rural Education Society's
Arts, Science and Commerce College, Kolhar



T. P. O.
Training and Placement Cell
Arts, Science and Commerce College, Kolhar





LOKNETE DR. BALASAHEB VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY

**ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR**

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Ref. ASCCK/20-21/

Date: 10/02/2021

To

Mr. Ajay Bansode

Research Fellow NCL Pune

Subject: Invitation for the expert lecture on Guidance on Interview Technique & Communication Skill"

Respected Sir,

With reference to above subject, I would like to invite you as a Chief Guest for the above-mentioned Guidance Program on Guidance on Interview Technique & Communication Skill

The Program would be conducted on **17 to 18 February 2021** at 11.00 am. I humbly request you to guide the delegates, teachers, and students on the topic Guidance on Interview Technique & Communication Skill. Please accept our invitation and give consent for the same.

Looking forward for your positive response,

Thanking you,




Principal
Pravara Rural Education Society's
Arts, Science and Commerce College, Kolhar

Received
SL



LOKNETE DR. BALASAHEB VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY

**ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR**

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Ref. ASCCK/20-21/

Date: 10/02/2021

To

Mr. Parmeshwar Vikhe

Asst. Professor Arts Science And Commerce College Kolhar

Subject: Invitation for the expert lecture on Guidance on Interview Technique & Communication Skill"

Respected Sir,

With reference to above subject, I would like to invite you as a Chief Guest for the above-mentioned Guidance Program on Guidance on Interview Technique & Communication Skill

The Program would be conducted on **17 to 18 February 2021** at 11.00 am. I humbly request you to guide the delegates, teachers, and students on the topic Guidance on Interview Technique & Communication Skill. Please accept our invitation and give consent for the same.

Looking forward for your positive response,

Thanking you,




Principal
Pravara Rural Education Society's
Arts, Science and Commerce College, Kolhar

Details of the Programme:

First session

17th February.,2021

Mr. Ajay Bansode has given the valuable guidance on interview techniques he covered following point between in this session

1. You should walk into every interview with the goal of receiving a job offer. While interviewing is not always easy, whether it's face to face or through a virtual interview, there are a few things you can do to universally increase your chances of getting a call back, and ultimately, scoring an offer. 2. You'll be a more attractive candidate (and coworker!) if you're upbeat and optimistic about

your career outlook. One of the biggest tricks to interviewing is sounding enthusiastic about the position. Mastering that skill is a big payoff, though-- the interviewer is reassured that you are interested in the job and that you'll be a good team player.

3. Prior to interviewing, take the time to write down where you want to be in 1 year, 3 years and 5 years. Be specific and map out a step by step plan on how you'll achieve those goals. Be focused and tenacious in your goals and let those ambitions be heard by the hiring company.

Second session

18th February.,2021:

Mr. Parameshwar Vikhe has presented the importance of communication skill.

Communication skill are essential for the successful future career of students. In today's competitive world, communication skill in business is the most sought-after quality of an educated person. Reading, Writing and listening carefully are the three most important communication skills for students. It is possible to develop reading, oral communication skills and writing skills.

Expressive skills are those which are used to express our feelings, thoughts and expression. Students need to learn is how to communicate effectively and get the full attention of the listeners.

Developing your communication skills can help all aspects of your life, from your professional life to social gathering and everything in between. Professionally if you applying for job or looking for a promotion with your current employer you will almost certainly need to demonstrate good communication skills.

Theme of the Programme- Guidance on interview techniques and communication skill

Objectives of the Programme:

1. Collect information about an exciting subject problem.
2. Gain inner feeling of the respondent.
3. Create source of knowledge.
4. Develop the skills needed for approaching different types of interviews.
5. Students will know what they need to do to prepare for an interview.

Introduction of Programme:

- The Training and Placement Cell of the Loknete Dr. Balasaheb Vikhe Patil Pravara Rural Education Society's Arts, Science and Commerce College, Kolhar has Organize Two days online workshop on Guidance on Interview Techniques and communication skill, on 17 to 18th February, 2021 at 11:00 am to onwards.
- Mr. Waditke S. K., TPO, ASC College Kolhar introduced the programme.
- Mr. Ajay Bansode, Research Fellow, NCL, Pune has a Chief Guest of the programme 17th February 2021.
- Mr. Parmeshwar Vikhe, Assistant Professor, ASC College, Kolhar has a Chief Guest of the programme on 18th February, 2021
- Mr. S. B. Dighe gives the vote of thanks of participants.

Metrics:

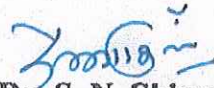
Number of Students: 40

Number of Teachers and Non-Teaching staff: 10



Mr. Waditke S. K.
T. P. O.

Training and Placement Cell
Arts, Science and Commerce College, Kolhar



Dr. S. N. Shingote
PRINCIPAL

ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR, TAL. RAHATA, DIST. AHMEDNAGAR



LOKNETE DR. BALASAHEB VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY

**ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR**

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Ref. ASCCK/2021-22/

Date: 18/02/2021

To,

Mr. Parmeshwar Vikhe

Asst. Professor Arts Science And Commerce College Kolhar

Subject: Letter of Appreciation

Respected Sir.

I, on behalf of Training And Placement cell appreciate you on the efforts and sincerity in successfully giving the studious lecture on Guidance on Interview Technique & Communication Skill For Student I personally thank you for assisting the participants. We sincerely appreciate your role in the held Training Program on 18/02/2021

Thank you for giving your valuable time and making workshop successful.




Principal

Pravara Rural Education Society's
Arts, Science and Commerce College, Kolhar



LOKNETE DR. BALASAHEB VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY
ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Ref. ASCCK/2021-22/

Date: 18/02/2021

To,

Mr. Ajay Bansode

Research Fellow NCL Pune

Subject: Letter of Appreciation

Respected Sir.

I, on behalf of Training And Placement cell appreciate you on the efforts and sincerity in successfully giving the studious lecture on Guidance on Interview Technique & Communication Skill For Student I personally thank you for assisting the participants. We sincerely appreciate your role in the held Training Program on 17/02/2021

Thank you for giving your valuable time and making workshop successful.



Principal

Pravara Rural Education Society's
Arts, Science and Commerce College, Kolhar

Received



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(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY

**ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR**

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
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**Guidance on interview techniques and communication skill
List of students 17th to 18th Feb. 2020-21**

Sr. No.	Name of Students
1	Abhijit Valunj
2	Ainor Pooja
3	Ajay Chaudhari
4	Ajay Kharde
5	Akash thotar
6	Arpana Bhosale
7	Arshad Shaikh
8	Bharati Sinare
9	Bushra Shaikh
10	Chande Shivam
11	Dipak Belkar
12	Ganesh Kharde
13	Gauri Shingote
14	Gokul Sinare
15	Harshada Harde
16	Kalyani Borude
17	Kiran Gagare
18	Manij Kotame
19	Mayur Gade
20	Nikhil Rokade
21	Pramod Nirmal
22	Prashant Gadekar
23	Pratiksha Musmade
24	Ranjit Tarkase
25	Rushikesh Gagare
26	Sagar Adhav
27	Sahil Shinde
28	Sakshi Jadhav
29	Sangita Shende
30	Sanket Dengale
31	Sanket Pujari
32	Sayali shinde
33	Shraddha Waditke
34	Shubham Tarkase
35	Shweta Shirsath
36	Swati Shinde
37	Tikhe Nitin
38	Uday Nirmal
39	Vilas Pachpind
40	Yashwi Anap

T.P.O.
Training and Placement Cell
Arts, Science and Commerce College, Kolhar

I/c PRINCIPAL
Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar.

PHOTO GALLERY

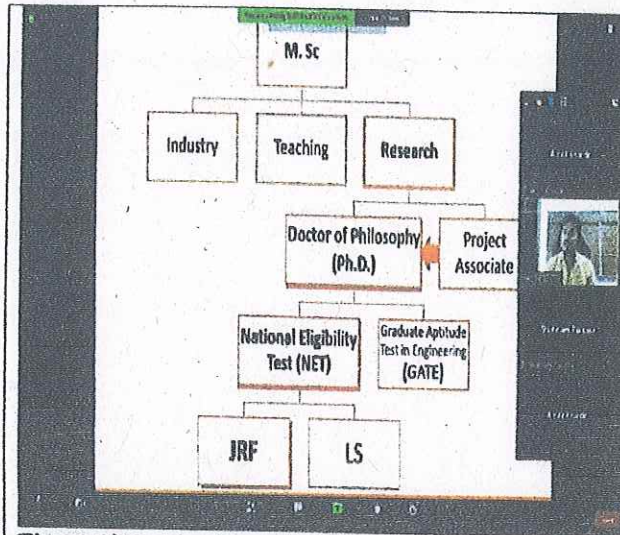
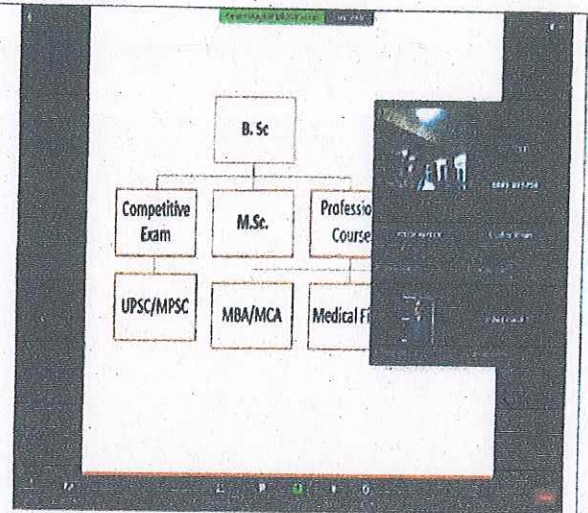
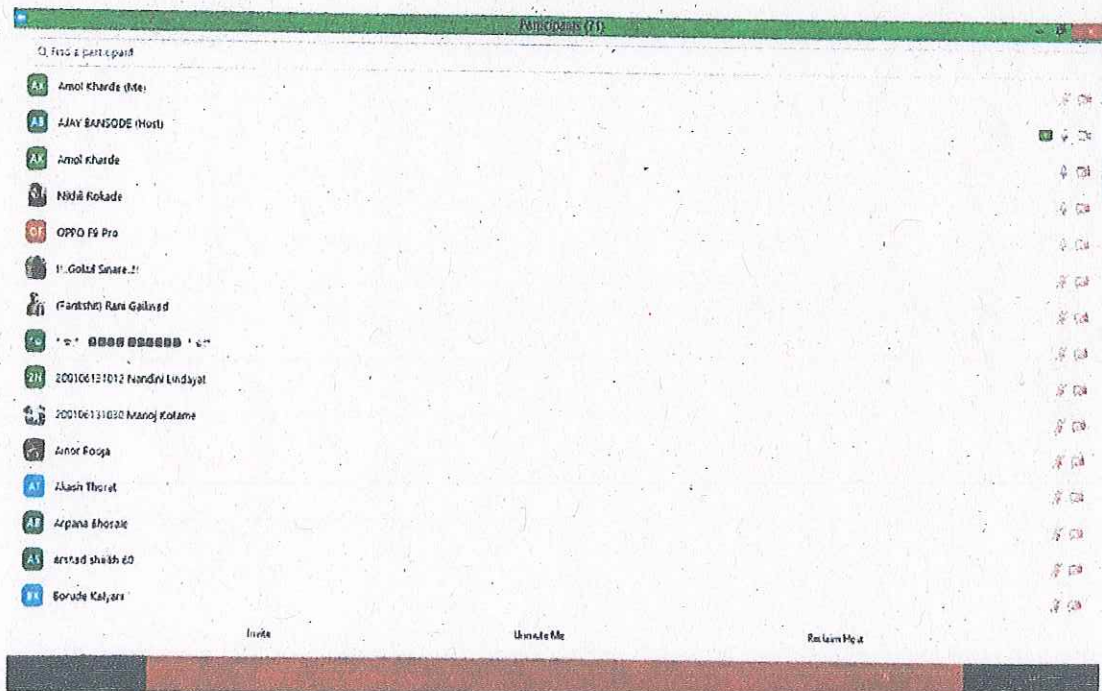


Figure 1 Mr. Ajay Bansode, Give the lecture



Dr. Shingote Sir and Dr. Kadnor Sir Attend the session



T.P.O.
Training and Placement Cell
Arts, Science and Commerce College, Kolhar





Param Vikhe

jadhav sakshi

Nitin Sanjay tikhe

S

Sagar Adhav

Shirsath shweta

Anap yashswi



Definition of communication

- Communication is a process by which information is exchanged between individuals through a common system of symbols & signs of behavior.
- Webster's Dictionary
- Communication is interchange of thoughts, opinions or information by speech, writing or signs.
- Robert Anderson

Participants (7)



Param Vikhe (Host me)



Anap yashswi



Jadhav sakshi



Nitin Sanjay tikhe



Sagar Adhav



Shirsath shweta



Bushra shaikh


T. P. O.
Training and Placement Cell
Arts, Science and Commerce College, Kolhar



Loknete Dr. Balasaheb Vikhe Patil (Padma Bhushan Awardee) Pravara Rural Education Society's



Arts, Science & Commerce College Kolhar

AFFILIATED TO SAVITRIBAI PHULE PUNE UNIVERSITY PUNE



CENTER FOR SKILLS DEVELOPMENT

2020-21

Certificate Course in Spoken English

Duration - 3 Months

Eligibility - 10th passed Students (SSC)



Contact: Mrs. Sangita S. Dhimate
9834442664
english.ascc@gmail.com

- Well equipped language lab
- Practical sessions
- Mock drill
- English for practical usage
- Opportunities in various fields like call centers, BPOs, Guide etc

Certificate Course in Yoga and Meditation

Duration - 3 Months

Eligibility - 10th passed Students (SSC)



Contact: Mr. Rahul V. Ubale
9370833473
rahul.ubale27@gmail.com

- Spacious Hall for Yoga and Meditation
- Practical sessions
- Well trained Yoga Teacher
- Natural Environment

Free
Certificate
Course

Certificate Course in Soil and Water Analysis

Duration - 3 Months

Eligibility - 10th passed Students (HSC)



Contact: Mrs. Rani J. Gaikwad
9503210790
gaikwadranij10@gmail.com

- Spacious Laboratory for Practical
- Advanced Soil and Water analysis Equipment
- Qualified staff for Training
- Opportunity to establish soil and water analysis center

Certificate Course in Basics of Share Market

Duration - 3 Months

Eligibility - 12th passed Students (HSC)



Contact: Mr. Sagar B. Gholap
9422655664
sagargholap1111@gmail.com

- Guidelines for Investment
- Practical Session
- Case study analysis
- Expert Advice
- Qualified staff for Training
- Opportunity to earn through investment in Share market

Certificate Course in Rural Journalism

Duration - 3 Months

Eligibility - 12th passed Students (HSC)



Contact: Dr. C.D. Rudraksh
9860432045
cdrudraksh@gmail.com

- Qualified staff
- Report Writing and Editing Skills
- Opportunity to be a reporter in Local and State media



LOKNET DR. BALASAHEB VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY
ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR
Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Ref: ASCCK/2020-21/H-D/340

Date : 02/07/2020

To,

The Secretary,
Pravara Rural Education Society,
Pravaranagar (Loni Kd.)
Tal. -Rahata, Dist.- Ahmednagar

Pravara Rural Education Society,
Pravaranagar, A/Po. Loni Kd.,
Tal. Rahata Dist Ahmednagar
Inward No 564
Date:- 21/7/20

Subject: Regarding the permission to start certificate courses under Skill Development Center.

Respected Sir,

With reference to above subject, we would like to inform you that our college wish to introduce the following self financed certificate courses from the academic year 2020-21 by considering the need and demand of the students. We request you to permit us to start these courses.

Sr. No.	Name of the course	Type of the course Certificate / Diploma	Duration	Intake
✓ 1.	Certificate Course in Spoken English	Certificate Course	3 Months	30
2.	Certificate Course in Basics of Share Marketing	Certificate Course	3 Months	30
3.	Certificate Course in Soil & Water Analysis	Certificate Course	3 Months	30
4.	Certificate Course in Yoga & Meditation	Certificate Course	3 Months	30

Look forward to your positive response.

Thank you,

Yours Faithfully,


Hc PRINCIPAL

Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar.



लोकनेते डॉ. बाळासाहेब विखे पाटील
(पद्मभूषण उपाधिने सन्मानित)

प्रवरा
ग्रामीण शिक्षण
संस्था
PRAVARA

Ref: PRES/2020-21/ 844/1

Date: 03/07/2020

To,
The Principal,
Arts, Science, and Commerce College, Kolhar
Tal. - Rahata, Dist.- Ahmednagar

Subject : Approval to start new certificate courses

Reference: Your letter no. ASCCK/2020-21/H.D./340 dated 02/07/2020

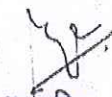
Respected Sir,

With reference to your application, I am pleased to inform you that your proposal to introduce the following certificate courses has been approved. This approval is valid for next five years from the academic year 2020-21. The courses can be implemented from the current academic year.

Sr. No.	Name of the course	Type of the course Certificate / Diploma	Duration	Intake
✓1.	Certificate Course in Spoken English	Certificate Course	3 Months	30
2.	Certificate Course in Basics of Share Marketing	Certificate Course	3 Months	30
3.	Certificate Course in Soil & Water Analysis	Certificate Course	3 Months	30
4.	Certificate Course in Yoga & Meditation	Certificate Course	3 Months	30

Thank you,




Sincerely,
प्रवरा ग्रामीण शिक्षण संस्था, प्रवरानगर
मु.पो.लोणी खुर्द, ता.राहता, जि.अहमदनगर

Societies Reg. No.: Bom / 94 / Ahmednagar Dt. 13.3.1964, B.P.T. Reg. No. F. 52 Ahmednagar Dt. 11.8.1964

पता - मु. पो. लोणी खु. ॥, ता. राहता, जि. अहमदनगर (महा.) पिन - ४१३ ७१३
फोन नं. +९१-२४२२-२७३५२७ / २७३७०० / २७३६९८ | E-mail ID : ceo.pres@pravara.in | Website: www.pravara.in



LOKNETE DR. BALASAMBAJI VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY

**ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR**

Tal - Rahata, Dist - Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Date- 17/06/2020

To,

The Principal

Arts, Science and Commerce College, Kolhar.

Tal - Rahata, Dist - Ahmednagar.

Subject- Permission for introducing the Certificate Course in *Spoken English*.

Respected Sir,

Department of English would like to start a new Certificate Course in **Spoken English** from the academic year 2020-21. This course is recommended by Internal Quality Assurance Cell of our college and is as per the demand of students. Now-a-days, in each and every field, especially for seeking employment, spoken English is necessary. So we wish to start this course and would submit all the related documents with this letter. Please grant us permission for the same.

Thanking you,

A. J. J. J.
HOD
Dept of English.
[Signature]
18.06.2020.

Yours Sincerely,

[Signature]
Head

Department of English
Arts Science & Commerce College, Kolhar


LOKNETE DR.BALASAHEB VIKHE PATIL (PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY'S
ARTS, SCIENCE AND COMMERCE COLLEGE, KOLHAR
DEPARTMENT OF ENGLISH
Certificate Course in Spoken English 2020-21

NOTICE

Date: 15/01/2021

All the TYBA students are hereby informed that the Department of English is conducting a certificate course in Spoken English which will be scheduled from 21/01/2021. The interested TYBA students should give their names to the Staff of the Department of English before 17/01/2021. The list of the students and the schedule of the course would be displayed on 18/01/2021.


Principal
I/c PRINCIPAL
Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar


HOD
Head
Department of English
Arts, Science and Commerce College, Kolhar


Course Teacher

LOKNETE DR.BALASAHEB VIKHE PATIL (PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY'S
ARTS, SCIENCE AND COMMERCE COLLEGE, KOLHAR
DEPARTMENT OF ENGLISH
Certificate Course in Spoken English 2020-21


Certificate Course in Spoken English 2020-21

Time Table-2020-21

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1.00 to 2.00		Mr. P. B. Vikhe T-7		Mr. P. B. Vikhe T-7	Mr. R. S. Mali T-7	Mr. P. B. Vikhe T-7
2.00 to 3.00	Mr. R. S. Mali T-7		Mr. R. S. Mali T-7			

Applicable from: 21/01/2021


Principal
I/c PRINCIPAL
Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar.


HOD
Head
Department of English
Arts, Science and Commerce College, Kolhar


Course Teacher




LOKNETE DR. BALASAHEB VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY

ARTS, SCIENCE & COMMERCE COLLEGE KOLHAR

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Department of English
Skill Development Course: 2020-21
Certificate Course in Spoken English
List of Students

Sr. No.	Names of Students	Class	Gender	Remark
1.	ATTAR SOHEL SHAFIQUE	T.Y.B.A.	Male	
2.	BACHKAR SUVARNA AMBADAS	T.Y.B.A.	Female	
3.	BARDE MANISHA ASHOK	T.Y.B.A.	Female	
4.	BHALERAO ANUSHKA ARUN	T.Y.B.A.	Female	
5.	GADEKAR KRANTI SHANTARAM	T.Y.B.A.	Female	
6.	JAGTAP PRITI DATTATRAY	T.Y.B.A.	Female	
7.	KADASKAR ANJALI TATYASAHEB	T.Y.B.A.	Female	
8.	KANADE NIKITA SUDHAKAR	T.Y.B.A.	Female	
9.	KAPASE SANKET DEEPAK	T.Y.B.A.	Male	
10.	KHAN SHAHRUKH CHAND	T.Y.B.A.	Male	
11.	KHARAT MONIKA SUBHASH	T.Y.B.A.	Female	
12.	KHARDE AKSHAY SUDHAKAR	T.Y.B.A.	Male	
13.	KHARDE AMOL GANPAT	T.Y.B.A.	Male	
14.	KHARDE PRIYANKA DATTATRAY	T.Y.B.A.	Female	
15.	KOLSE SAKSHI KAILAS	T.Y.B.A.	Female	
16.	LOKHANDE TUSHAR BHARAT	T.Y.B.A.	Male	
17.	PARADHE KIRAN RAJU	T.Y.B.A.	Male	
18.	RAUT SHUBHAM ASHOK	T.Y.B.A.	Male	
19.	SHINDE ANUSHKA ASHOK	T.Y.B.A.	Female	
20.	SHINDE MAYURI ROHITAS	T.Y.B.A.	Female	
21.	SHINDE RUSHIKESH BHANUDAS	T.Y.B.A.	Male	
22.	SHIRSATH GOKUL RAMNATH	T.Y.B.A.	Male	
23.	VARPE LAXMAN BALASAHEB	T.Y.B.A.	Male	
24.	VITNOR BHARATI GORAKSHANATH	T.Y.B.A.	Female	
25.	WAGHMODE DNYANESHWAR TULSHIRAM	T.Y.B.A.	Male	


Head

Department of English
Arts Science & Commerce College, Kolhar


PRINCIPAL

ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR, TAL. RAHATA, DIST. AHMEDNAGAR

LOKNETE DR.BALASAHEB VIKHE PATIL (PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY'S
ARTS, SCIENCE AND COMMERCE COLLEGE, KOLHAR
DEPARTMENT OF ENGLISH
Certificate Course in Spoken English 2020-21

NOTICE

Date: 18/01/2021

The following students of TYBA are selected for the "Spoken English" course.
The course will be conducted from 21/01/2021. The time table of the course is displayed on notice board.

Skill Development Course 2020-21

"Spoken English" - List of Students

Sr.No.	Names of Students	Class	Gender
1.	ATTAR SOHEL SHAFIQUE	T.Y.B.A.	Male
2.	BACHKAR SUVARNA AMBADAS	T.Y.B.A.	Female
3.	BARDE MANISHA ASHOK	T.Y.B.A.	Female
4.	BHALERAO ANUSHKA ARUN	T.Y.B.A.	Female
5.	GADEKAR KRANTI SHANTARAM	T.Y.B.A.	Female
6.	JAGTAP PRITI DATTATRAY	T.Y.B.A.	Female
7.	KADASKAR ANJALI TATYASAHEB	T.Y.B.A.	Female
8.	KANADE NIKITA SUDHAKAR	T.Y.B.A.	Female
9.	KAPASE SANKET DEEPAK	T.Y.B.A.	Male
10.	KHAN SHAHRUKH CHAND	T.Y.B.A.	Male
11.	KHARAT MONIKA SUBHASH	T.Y.B.A.	Female
12.	KHARDE AKSHAY SUDHAKAR	T.Y.B.A.	Male
13.	KHARDE AMOL GANPAT	T.Y.B.A.	Male
14.	KHARDE PRIYANKA DATTATRAY	T.Y.B.A.	Female
15.	KOLSE SAKSHI KAILAS	T.Y.B.A.	Female
16.	LOKHANDE TUSHAR BHARAT	T.Y.B.A.	Male
17.	PARADHE KIRAN RAJU	T.Y.B.A.	Male
18.	RAUT SHUBHAM ASHOK	T.Y.B.A.	Male
19.	SHINDE ANUSHKA ASHOK	T.Y.B.A.	Female
20.	SHINDE MAYURI ROHITAS	T.Y.B.A.	Female
21.	SHINDE RUSHIKESH BHANUDAS	T.Y.B.A.	Male
22.	SHIRSATH GOKUL RAMNATH	T.Y.B.A.	Male
23.	VARPE LAXMAN BALASAHEB	T.Y.B.A.	Male
24.	VITNOR BHARATI GORAKSHANATH	T.Y.B.A.	Female
25.	WAGHMODE DNYANESHWAR TULSHIRAM	T.Y.B.A.	Male


HOD

Head

Department of English

Arts, Science and Commerce College, Kolhar


Principal
I/c PRINCIPAL

Arts, Science & Commerce College
Kolhar, Tal. Rahata Dist. Ahmednagar.

Loknete Dr. Balasaheb Vikhe Patil (Padmabhushan Awardee)

Pravara Rural Education Society's

ARTS, SCIENCE AND COMMERCE, COLLEGE, KOLHAR

Tal. - Rahata, Dist. - Ahmednagar (MS) Pin - 413710

Report

Certificate Course in Spoken English 2020-21

Department of English introduced Certificate Course in Spoken English from the academic year 2020-21 under Skills Development Cell. Syllabus framing Committee of Spoken English took efforts to consider needs of students for the same and designed practical-based 35 hours course. It includes basics of grammar, phonology, communication and telephone skills. The aim of the course is to develop English speaking skills of the rural students. Mr. P.B. Vikhe and Mr. R. S. Mali conducted this course during 21/01/2021 to 04/03/2021. 25 students including 12 girls were enrolled for this course. The course-end examination was held on 16/03/2021 and 17/03/2021. It consists of oral, practical and theory assessment. All the students successfully completed the course of Spoken English. They were given certificates after completion.

The course boosted the confidence of the students to communicate in English. They were able to face interviews boldly. The soft-skills helped them to get better job opportunities. The Principal, vice-principals, the chairperson of Skills Development Cell, course coordinator and course teacher took efforts to implement the successful conduction of the course.


Head
Department of English
Arts, Science and Commerce College Kolhar




PRINCIPAL
ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR, TAL. RAHATA, DIST. AHMEDNAGAR



Loknete Dr. Balasaheb Vikhe Patil (Padma Bhushan Awardee)

Pravara Rural Education Society's

Arts, Science and Commerce College, Kolhar

Tal. Rahata, Dist. Ahmednagar - 413710

NAAC Accredited 'A' Grade

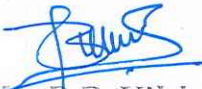
CERTIFICATE

This certifies that

has successfully completed the Certificate Course in


Spoken English

held by department of English during academic year 2020-21.


Mr. P.B. Vikhe
Coordinator

Date : March 21, 2021




Dr. S.N. Shingote
Principal

Loknete Dr. BalasahebVikhePatil (Padmabhushan Awardee)
Pravara Rural Education Society's
Arts, Science and Commerce College, Kolhar
Tal. Rahata, Dist. Ahmednagar, Ph: (02422) 251669

Date-17/06/2020

To,
The Principal
Arts, Science and Commerce College, Kolhar
Tal- Rahata, Dist- Ahmednagar

Subject- Permission for Introducing Certificate Course in Yoga and Meditation.

Respected Sir,

Department of Sports and Physical Education would like to start a new Certificate Course in Yoga and Meditation from the academic year 2020-21. This is recommended by Internal Quality Assurance Cell of our college and is as per the demand of students. In this Covid 19 pandemic this course is helpful to our students healthy. So I wish to this course and would submit all related with this letter. Please grant us permission for the same.

Thanking You,

Yours Sincerely



Physical Director
Arts, Science and Commerce College, Kolhar

Approved
AS per
17.06.2020

Loknete Dr. Balasaheb Vikhe Patil (Padmabhushan Awardee)
Pravara Rural Education Society's
Arts, Science and Commerce College, Kolhar
Tal. Rahata, Dist. Ahmednagar, Ph: (02422) 251669

Department of Sports and Physical Education

Skill Development Course: 2020-21

Certificate Course in Yoga and Meditation

Time Table(2020-21)

Sr. No	Time	Monday	Tuesday	Wednesday	Thursday
1	02 pm to 03 pm	Theory (Mr.Ubale R. V.)	Practical (Mr.Ubale R.V)	Theory (Mr.Wani M. E.)	Practical (Mr.Ubale R. V.)


Physical Director
Arts, Science and Commerce College, Kolhar


PRINCIPAL
ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR, TAL. RAHATA, DIST. AHMEDNAGAR



LOKNETE DR. BALASAHEB VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY

ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Department of Physical Education and Sports
Skill Development Course 2020-21
"Yoga and Meditation"
Student Profile

Sr.No.	Name Of Student	Class	Gender	Category
1.	ChikneSakshi Vijay	M.Com.-I	Female	OPEN
2.	GadekarManishaSambhaji	F.Y.B.Com.	Female	OBC
3.	DutkarGourav Vilas	M.Com.-I	Male	OBC
4.	GadekarTusharBhimraj	F.Y.B.Com.	Male	OBC
5.	HarkutOnkarSatish	F.Y.B.Com.	Male	OPEN
6.	Ingale Anjali Bansi	S.Y.B.Com	Female	SC
7.	JadhavAmolRaosaheb	T.Y.B.Com.	Male	OBC
8.	Joshi Divya Vijay	F.Y.B.Com.	Female	OPEN
9.	KachareRadhikaRajendra	M.Com.-I	Female	NT
10.	Kapse Prasad Kashinath	T.Y.B.Com.	Male	OPEN
11.	KhatekarPreranaFakira	S.Y.B.Com	Female	OPEN
12.	Labade Vishal Suresh	M.Com.-I	Male	OPEN
13.	Lokhande Pratik Suresh	M.Com.-I	Male	OBC
14.	LokhandeShubhamSambhaji	M.Com.-I	Male	OBC
15.	MansuriShakirShakil	T.Y.B.Com.	Female	OPEN
16.	Patel NomanNasir	M.Com.-I	Female	OPEN
17.	PankhadeVaishnaviBhagawat	S.Y.B.Com	Female	SC
18.	ShaikhMuniraAabid	S.Y.B.Com	Female	OPEN
19.	ShindeRiteshKishor	S.Y.B.Com	Male	OPEN
20.	ShirsathShwetaPopat	S.Y.B.Com	Female	OPEN
21.	ShirsathAbhaySomnath	S.Y.B.Com	Male	NT
22.	TandelSajedaAsif	S.Y.B.Com	Female	NT
23.	Kharde Prasad Rajendra	M.Com.-I	Male	OPEN
24.	KhardeShantanuShivaji	S.Y.B.Com	Female	OPEN
25.	KhardeRutujaNavnath	S.Y.B.Com	Female	OPEN
26.	KolapkarAkshada Ganesh	T.Y.B.Com.	Female	SC
27.	NarangJatin Anil	T.Y.B.Com.	Male	OBC
28.	SalunkeDevidasNivrutti	S.Y.B.Com	Male	OPEN
29.	Gore Sakshi Anil	F.Y.B.Com	Female	OPEN
30.	KotkarRavindraRajendra	T.Y.B.Com.	Male	OPEN

Rahul
Physical Director
Arts, Science and Commerce College, Kolhar

Sr.No	Category	Total No. of Student
1.	Open	17
2.	NT	03
3.	SC	03
4.	OBC	07
	Total	30

[Signature]

Physical Director
Arts, Science and Commerce College, Kolhar.



[Signature]
H/c PRINCIPAL

Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar.



LOKNETE DR. BALASAHEB VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY

ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Department of Commerce
Skill Development Course 2020-21
Yoga and Meditation- Report

Certificate course Yoga and Meditation was conducted for the students in the college this year on 20th July to 06th Oct. 2020. 30 students were admitted for this course. All the students excelled in the course and achieved success. This course will play an important role in keeping the body healthy in the current infectious disease. In this course, knowledge of Asana Pranayama Purification was imparted to the students. This will definitely help the students in maintaining good health in the life. And now all the students who participated in this course will play the role of yoga teacher perfectly. In organizing this course, the principal, vice-principal of the college and all the teaching and non-teaching staff got valuable cooperation. The Department of Physical Education and Sports intends to take a similar course next year as well.

Physical Director
Arts, Science and Commerce College, Kolhar



Loknete Dr. Balasaheb Vikhe Patil (Padma Bhushan Awardee)

Pravara Rural Education Society's

Arts, Science and Commerce College, Kolhar

Tal. Rahata, Dist. Ahmednagar - 413710

NAAC Accredited 'A' Grade

CERTIFICATE

This certifies that

CHIKNE SAKSHI VIJAY

has successfully completed the Certificate Course in

'Yoga and Meditation'

held by department of Commerce during academic year 2020-21.

Mr. R.V. Ubale

Physical Director

Arts, Science and Commerce College, Kolhar

Dr. S.N. Shingote

Principal

Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar.

Arts Science and Commerce College, Kolhar

Date- 15/10/2020

To,

The Principal

Arts, Science and Commerce College, Kolhar

Tal- Rahata, Dist – Ahmednagar

Subject- Request to get permission for one day yoga demonstration and practice for college students.

Respected sir,

With reference to above mentioned subject, I hereby request to give me permission to conduct One day yoga demonstration and practice session on 23rd Oct. 2020 for college students. The session will be beneficial for students to keep them physically fit in this pandemic.

Thanking You

Yours faithfully,

Accepted
15.10.2020


Physical Director
Arts, Science and Commerce College, Kolhar



LOKNETE DR. BALASAHEB VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY

**ARTS, SCIENCE & COMMERCE COLLEGE
KOLHAR**

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Notice

DATE- 20/10/2020

All the students are hereby informed that **one day yoga demonstration and practice** for college students is planned on 23rd Oct. 2020. Students, who are interested to participate in said session should register their names to Sports and physical education director **Mr. R. V. Ubale** before **22th October 2020**, only 50 students will be selected for session on first come first basis.


I/c PRINCIPAL
Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar.

Arts Science and Commerce College, Kolhar

Yoga Report


This year the Yoga Demo and Practice Camp was held at Arts, Science and Commerce College, Kolhar on 23rd Oct. 2020. The session was held in our gymkhana hall. 50 students from First year to Post Graduation participated in the Camp. The inaugural speech was given by the Principal Dr.S.N. Shingote sir who emphasized the importance of Yoga and physical exercises in daily life.

A group of yoga students performed several asanas. They also performed standing and sitting asanas. One could understand by watching their performance that they have been practising yoga for the last few years.

Some of the seniors even did some of the tough asanas. Sports Director Mr. R.V. Ubale demonstrated Bhujangasana, Tadasana, Halasana and other asanas. The session was well organised. Teachers were available to help in case students had trouble performing or understanding asanas. All the students participated eagerly.

Even our principal took active participation in yoga camp. Next, we learnt theory of yoga. About its history, a century of origin, how it helped the common people. We were told that yoga helps increase concentration.

Thank you


Physical Director
Pravara Rural Education Society's
Arts, Science and Commerce College, Kolhar


I/c PRINCIPAL
Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar.

Photo Gallery



Participants performing Anulomvilom.



Principals
PRINCIPAL
Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar.

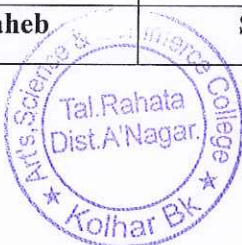
Arts, Science and Commerce College, Kolhar

Tal- Rahata, Dist – Ahmednagar

Yoga, Demo and practice

List Of Students

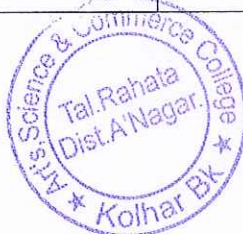
Sr. No.	Name of Student	Class	Sign
1	Talekar Ajay Machindra	T.Y.B.COM	AM Talekar
2	Waditake Yogita	T. Y. B.COM	Waditake Yogita
3	Thorat Meghana	T.Y.B.COM	Thorat Meghana
4	Sakat Pawan Ashok	S.Y.B.A	PA Sakat
5	Londe Ravindra Sakhari	F.Y.B.A	Ronde
6	Borude Avinash Arun	T.Y.B.A	Avinash
7	Surase Shubham Tarachand	F.Y.B.A	Shubham
8	Sayyad Mohim Sikandar	S.Y.B.A	S. M. S.
9	Gosavi Virandra Shamgir	S.Y.B.A	Viru. G.
10	Vadtele Prashant Manik	T.Y.B.SC	Prashant
11	Bhagat Subodh	T.Y.B.A	Subodh
12	Pandit Jy Kumar	T.Y.B.A	P. J. K.
13	Jadhav Vikas Sanjay	S.Y.B.A	Vikas
14	Talekar Ajay Machindra	S.Y.B.com	AMs.
15	Sakat Pawan Ashok	S.Y.B.A	Pawan
16	Jadhav Ganesh Balasaheb	F.Y.B.A	Ganesh
17	Parthi Kiran Raju	S.Y.B.A	Kiran
18	Kadam Akash Balasaheb	S.Y.B.A.	Akash
19	Lokhande Tushar Bharat	S.Y.B.A	Tushar
20	Sarode Ajay Vijay	S.Y.B.SC	Ajay
21	Jadhav Yogesh Balasaheb	S.Y.B.A	Yogesh



Physical Director

Arts, Science and Commerce College, Kolhar

22	Londhe Akshay	T.Y.BSC	Londhe. A
23	Gaikwad Nikhil	S.Y.BSC	Gaikwad
24	Kharde Vijay Ganpat	S.Y.B.SC	Kharde. V
25	Jadhav Yogesh Balasaheb	F.Y.B.A	Jadhav. Y.B.
26	Gayke Rajendra Sanjay	F.Y.B.A	Gayke
27	Gosavi Virendra Shamgir	S.Y.B.A	Gosavi
28	Talekar Ajay Machhindra	S.Y.B.COM	Talekar
29	Vadtele Prashant Manik	S.Y.B.SC	Vadtele
30	Lande Ravindra	T.Y.B.A	Lande. R
31	Gaikwad Shivram	S.Y.B.A	G. S.
32	Kenade Akshay	F.Y.B.A	Kenade
33	Dhone Ajit	S.Y.B.COM	Dhone
34	Kharde Prashant Ganpat	S.Y.B..SC	Kharde. P
35	Jadhav Vikas Sanjay	S.Y.B.A	Jadhav. V.S.
36	Jadhav Yogesh Balasaheb	S.Y.B.A	Jadhav
37	Pathade Devendra Rausaheb	F.Y.B.A	Pathade. D
38	Talekar Ajay Macchindra	S.Y.B.COM	Talekar
39	Vadtele Prashant Manic	S.Y.B.COM	Vadtele. m.p
40	Lakariya Bhushan	T.Y.BSC	L. Bhushan
41	Waditake Akshay	F.Y.B.A	Waditake
42	Gosavi Virendra Shamgir	S.Y.B.A	Gosavi. V.B.
43	Sakat Pawan Ashok	S.Y.B.A	Sakat
44	Pandit Jaykumar Parshuram	S.Y.B.A	P. Jay Kumar
45	Vadtele Prashant Manik	S.Y.B.SC	Vadtele. Prashant
46	Sakat Pawat Ashok	S.Y.B.A	Sakat
47	Devkar Shakhar Nandkumar	T.Y.B.A	Devkar
48	Saiyad Vasim Usman	S.Y.B.A	V. Saiyad
49	Kanade Omkar Macchindra	S.Y.B.SC	Kanade
50	Gosavi Virendra Shamgir	S.Y.B.A	Gosavi




Physical Director
 Arts, Science and Commerce College, Kolhar

Arts Science and Commerce College, Kolhar

Date – 14/06/2020

To,
The Principal,
Arts, Science and Commerce College, Kolhar
Tal- Rahata, Dist – Ahmednagar

Subject- Request to get permission to organize International Yoga Day.

Respected Sir,

As per the above mentioned subject, permit me to organize 21st June 2020 as International Yoga Day in our college. Teaching and Non Teaching staff and students of our college will participate in this programme So I humbly request you to give permission to organize International Yoga Day.

All in
14.06.2020

Yours faithfully,

Rahul

Physical Director
Arts, Science and Commerce College, Kolhar



LOKNETE DR. BALASAHEB VIKHE PATIL
(PADMA BHUSHAN AWARDEE)
PRAVARA RURAL EDUCATION SOCIETY

ARTS, SCIENCE & COMMERCE COLLEGE KOLHAR

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710
NAAC Accredited at 'A' Grade with CGPA 3.10

Date-18/06/2020

Notice

All students are hereby informed that the college is going to organize International Yoga Day on 21st June 2020 at 07:00 a.m. at Multipurpose Hall. All are appealed to participate in the Yoga activity and benefit from it.


I/c PRINCIPAL
Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar.

Arts Science and Commerce College, Kolhar

Date-21/06/2020

21ST June, International Yoga Day

Report

The Department of Physical Education and Sports of Arts, Science and Commerce College, Kolhar organized the International Yoga Day on 21ST June 2020. The Principal of college, Dr. S.N. Shingote welcomed the audience and wished them a Happy Yoga Day. After this, everyone participated in the yoga demonstration. Director of Physical Education of the college Mr. R.V. Ubale performed yoga demonstration as per the protocol given by the Ministry of AYUSH for yoga day. The actual session was started with prayer followed by stretching movements. Tadasana, Vrikshasana, Trikonasana, Padhastasana were taken in the standing position, followed by Padmasana, Vajrasana, Shashankasana, Vakrasana in the sitting position. After this, lying on stomach Bhujangasana, Shalabhasana were made.

This was followed by Suryanamaskara and finally Pranayam with long breathing Anulom Vilom and Bhramari. After that, chanting of Om was performed. At the end of the session, prayer were offered by Mr. Vijay Dighe, Programme officer, Student Development officer expressed vote of thanks on this occasion. Mr.R.V.Ubale coordinated the event. The principle Dr. S.N. Shingote and Sambhaji Patil Devkar guided all the participants. All the teaching, non-teaching staff were present for this event.



Physical Director
Arts, Science and Commerce College, Kolhar


I/c PRINCIPAL

Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar.

International Yoga Day



Participants performing Asanas.



Participants performing Vrukshasana.



Principal
H/c PRINCIPAL
Arts, Science & Commerce College
Kolhar, Tal. Rahata, Dist. Ahmednagar.

Arts Science and Commerce College, Kolhar

Students List

Date. 21/06/2020

International Yoga day

Sr. No	Name Of Student	Class	Sign
1.	Kapase Meghana Sanjay	S.Y.B.A	MBKapase
2.	Shermale Amol Babasaheb	T.Y.B.COM	Amol S
3.	Bhosle Shreya Bhausahab	T.Y.B.COM	Shreya
4.	AnapYashsvi Subhash	S.Y.B.A	Yasha...
5.	Dighe Ajit Jijaba	S.Y.B.SC	AJDighe
6.	Jadhav Amol Ravsaheb	M.Com	Amol.
7.	Joshi Yash Laxmikant	F.Y.B.Com	YRJoshi.
8.	Attar Sultan Fakir	T.Y.B.A	Attar
9.	Raut Akash Ashok	S.Y.B.A	AA Raut.
10.	Ohol Mayur Sham	T.Y.B.Com	MSchol.
11.	Sadafal Sunil Sanjay	T.Y.B.A	SSSadafal
12.	Joshi Rohit Radhakisan	S.Y.B.A	Joshi.
13.	Shinde Ritesh Kishor	F.Y.B.Com	Rkshinde.
14.	Jagtap Priti Dattatray	T.Y.B.A	PDSH.
15.	Jagtap Urmila Anil	T.Y.B.A	Urmila...
16.	Shirsath Shweta Popat	F.Y.B.Com	Shweta



17.	Shaikh Tousim Husen	F.Y.B.Sc	TH Shaikh.
18.	Shinde Ritesh Kishor	F.Y.B.Com	Rit...
19.	Gurav Bhakti Nitin	S.Y.B.A	BH Gurav.
20.	Jadhav Adesh Shivaji	S.Y.B.A	Jadhav
21.	Waditake Krutika Dnyaneshwar	F.Y.B.Sc	Dnyaneshwar
22.	Sonawane Akshay Suresh	F.Y.B.Com	S. Sonawane
23.	Ohol Mayuri Sham	S.Y.B.A	Mayuri...
24.	Parkhe Harshad Paraji	S.Y.B.A	Parkhe
25.	Shirsath Abhay Somnath	F.Y.B.Com	A. Shirsath
26.	Deshmukh Sachin Kisan	F.Y.B.A	SK Deshmukh
27.	Funge Pragati Bharat	F.Y.B.A	PBFunge.
28.	Gaikwad Priyanka Ashok	F.Y.B.A	Priya.
29.	Shirsath Gaurav Somnath	F.Y.B.Com	GS Shirsath




 Physical Director
 Arts, Science and Commerce College, Kolhar