



## Curriculum Vitae

1. **Name of the Teacher** : Mr. Rahul Vasant Rao Ubale
2. **Designation** : Director of Sports and Physical Education
3. **Educational Qualification** : M.Ped NET
4. **Department** : Sports and Physical Education
5. **Specialization** : Physical Education
6. **Institute** : ARTS, SCIENCE AND COMMERCE COLLEGE,  
KOLHAR,
7. **Date of Birth** : 27/03/1984
8. **Gender** : MALE
9. **Address for Correspondence** : ARTS, SCIENCE AND COMMERCE COLLEGE,  
KOLHAR, TAL. RAHATA, DIST. AHMEDNAGAR-413710, MS, INDIA
10. **Permanent Address** : A/P- Wangdari, Tal- Shrigonda Dist- Ahmednagar  
Pin-413726
11. **Contact Number** : 9860983476
12. **E-Mail ID** : Rahul.ubale27@gmail.com
13. **PAN No** : ABTPU9988K
14. **UID NO** :
15. **Passport No.**
- 16.

### ➤ Educational details:

Degree	University	Year of passing	Subject	Class /Grade Obtained
Ph.D.	S.R.T.M. Nanded	Appeared		
M.A./M.Sc. /M.Com/M. Ped	Savitribai Phule Pune University, Pune	2009	Physical Education	B+
B.A./B.Sc./ B.Com	Savitribai Phule Pune University, Pune	2006	Geography	B+
H.S.C.	Pune	2001	Commerce	B

S.S.C.	Pune	1999	Marathi, Hindi, Englis,	B
<b>➤ Professional Details:</b>				
Degree/ Course	University/Institution	Year of Passing	Subject	Class /Grade Obtained
B.Ped	Savitribai Phule Pune University, Pune	2007	Physical Education	A+

**➤ Professional Details:**

- Date of First Appointment and Institute** : **09/05/2016,**  
**Arts, Commerce and Science College,**  
**Satral**
- Date of Joining Present Institute** : **01/07/2019**
- Date of Confirmation** : **09/05/2017**
- Basic Pay Scale** : **67800**
- Teaching Experience** : **UG : 8 yrs PG : 8 yrs**
- Research Experience** : **3 yrs**

**➤ Faculty Development Programme**

**a) Orientation / Refresher / Short term course:**

Sr. No	Programme	Duration	Date	Organizing Agency
1	“Guru Dakshata” Faculty Induction Programme	28 Days	05/10/2020 to 07/11/2020	LNIFE, Gwalior
2	Refresher Course	15 Days	08/12/2021 to 21/12/2021	LNIFE Gwalior

**b) Organized Seminar / Conference / Workshop**

Sr. No	Role	Title	Funding Agency	Level	Organized By	Date & Duration
1.	-					
2.	-					

**➤ Summary of Attended Seminar / Conference/ Workshop:**

Sr. No	Particular	Level			Total
		State	National	Inter National	
1.	Seminar	-			
2.	Conference	-			
3.	Workshop	-			

➤ **List of papers presented in Seminars / Conferences / Symposia / Workshops:**

**a) Seminars:**

**i. International Seminars:**

Sr. No.	Theme	Title of the paper	Organizing Institute	Date
1				
2				

**ii. National Seminars:**

Sr. No.	Theme	Title of The Paper	Organizing Institute	Date
1				
2				

**iii. State Level Seminars:**

Sr. No.	Theme	Title of the paper	Organizing Institute	Date
1				
2				

**b) Conferences:**

**i. International Conferences:**

Sr. No.	Theme	Title of the paper	Organizing Institute	Date
1	Yoga	Effect of Yoga on Mental and Physical Health	Mahila College, Ambejogai	10/07/2020
2	Nation and Narrations	The Indian concepts of lifestyle and mental health in old age	Pirens Institute	June 2022

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**ii. National Conferences:**

Sr. No.	Theme	Title of the paper	Organizing Institute	Date
1.	New trends in education	Need And Role of Psychological Preparation for Sports	Arts, Science and Commerce College, Kolhar	10/07/2022
2.				

**iii. State Level Conferences:**

Sr. No.	Theme	Title of the paper	Organizing Institute	Date
1.				
2.				
3.				

**c) Workshops:**

**i. International Workshops:**

Sr. No.	Theme	Title of the paper	Organizing Institute	Date
-	-	-	-	-

**ii. National Workshops: 01**

Sr. No.	Theme	Title of the paper	Organizing Institute	Date
1.	-			

**iii. State Level Workshops: 08**

Sr. No.	Theme	Title of the paper	Organizing Institute	Date
1.	-			
2.	-			

**➤ Summary of Publications:**

Sr. No.	Particular	Level of Publication			Total
		State	National	International	

1.	Research Paper Published	4			
2.	Article Published	1			
3.	Books Published				
4.	Books/Journal Edited				

➤ **Number of Publications:**

**a) Research Paper Published:**

**i. International:**

Sr. No.	Title of the paper (Page Number)	Published in Journal / Book	Year	ISSN/ISBN	Impact Factor/ NAAS Rating
1.	Effect of Yoga on Mental and Physical Health pg-156-159	Shodh Sarita	July 2020	2348-2397	UGC Approved
2.	The Indian concepts of life and mental health in old age	Bengal, Past And Present	June 2021	0005-8807	UGC Care
	Need And Role of Psychology Preparation for Sports	Journal of Research Development	Feb. 2021	2230-9578	7.265

**iii. State Level: ---**

Sr. No	Title of the paper (Page Number)	Published in Journal / Book	Year	ISSN/ISBN	Impact Factor/ NAAS Rating
1.					

**ii. National :---**

Sr. No.	Title of the paper (Page Number)	Published in Journal / Book	Year	ISSN/ISBN	Impact Factor/ NAAS Rating
1.					

**b) Article Published:**

Sr. No.	Title of the Book	Publisher	Year	ISBN/ISSN
1.	Aspects of Physical Education, Sports and Yoga	Rajashri Publication	April 2022	xxxxxxx
2.				

**c) Book Published:**

Sr. No.	Title of the Book	Publisher	Year	ISBN/ISSN

1.	-			
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**d) Book/Journal Edited:**

Sr. No	Title of the Book	Publisher	Year	ISBN/ISSN
1.	-			
2.	-			

**➤ Research Work:**

**a) Ph.D.:**

Specialization	Topic	Name of the University	Status
Physical Education	लोकनेते डॉक्टर बाळासाहेब विखे पाटील प्रवरा ग्रामीण शिक्षण संस्थेचा क्रीडा क्षेत्रातील योगदानाचा अभ्यास	S.R.T.M. University Nanded	appeared

**b) M. Phil:**

Specialization	Topic	Name of the University	Status
-			

**c) Research Project:**

Sr. No.	Title of the Project	Major/Minor	Funding Agency	Duration	Amount	Status
1.	-					

**d) Number of Students Guided for research:**

Sr. No	Programme	Number of student	Status	Centre
1	-			

**e) Resource Person / Chair Person/ Chief Guest / Guest Lectures:**

**f)**

Sr. No	Worked as	Program	Name of the Institute	Date
1.	-			

**➤ Awards/Rewards:**

Sr. No	Name of the Award	Level	Agency	Date
1.	-			

➤ **Recognition (PG/M.Phil./Ph.D. etc.):**

<b>Sr. No</b>	<b>Program and No.</b>	<b>University</b>	<b>Subject</b>	<b>Year</b>
1.	-			

➤ **Involvement in other activities of Institute:**

1.	-
2.	-

➤ **Membership of academic and other bodies.**

1

➤ **Contributions to academic and other fields.**

1

➤ **Contribution to the examination work:**

<b>Sr. No.</b>	<b>Type of Examination Duties</b>	<b>Duties Assigned</b>	<b>Duration</b>
1.	Senior supervisor	Sai Shirdi Institute	07/08/2022 to 20/08/2022
2.			

➤ **Achievements if any:**

1 -

➤ **Any other Relevant Information:**

1 -

**Name and Signature**

**Place : Kolhar**

**Date: 23.09.2022**