



LOKNETE DR. BALASAHEB VIKHE PATIL  
(PADMA BHUSHAN AWARDEE)  
PRAVARA RURAL EDUCATION SOCIETY

**ARTS, SCIENCE & COMMERCE COLLEGE  
KOLHAR**

Tal. Rahata, Dist. Ahmednagar, Pin - 413 710  
NAAC Accredited at 'A' Grade with CGPA 3.10

## **Pravara Police/Army Pre Recruitment Training Academy**

The academy is a brainchild of president and management of PRES as a part of social responsibility. The students in and around the institution mostly belong to underprivileged strata of the society. They cannot afford to join the professional academies due to financial problems. In order to help them out, the management took this initiative to provide them necessary training and orientation in the campus itself. The Primary purpose of the Academy is to prepare leaders for the Indian Police, Army who will lead/command the force with courage, uprightness, dedication and a strong sense of service to the people.

Academy will endeavor to inculcate in them, such values and norms that would help them serve the people better. In particular, it will try to inculcate integrity of the highest order, sensitivity to aspirations of people in a fast changing social and economic milieu, respect for human rights, broad liberal perspective of law and justice, high standard of professionalism, physical fitness and mental alertness. The Academy further aims at nurturing human values in all its areas of activity to prepare students not only to be good professionals but also to be a good human-being.

### **Objective:-**

1. To provide Police/Army pre recruitment training for students
2. To create opportunities of employment
3. To strengthen physical and mental fitness of trainees
4. To inculcate professionals and human values among the trainees
5. To provide coaching for preparation of competitive examination

As per the vision and mission, the institution has assiduously strived to provide assistance to grab jobs and inculcate skills to facilitate and create opportunities for their employment. By considering the need of the local community and scarcity of physical and infrastructural facilities in the surrounding area, the institute strives to give these facilities through Pravara Pre Recruitment Training Police Academy. It strengthens the physical and mental fitness of the students. The aim of the academy is to inculcate necessary skills to get career opportunities in

Police/Army by providing basic training and boosting their confidence. Considering the rural background and the financial constraints of the students the institute provides training on free of cost basis. The contribution of the institution has been appreciated by the stakeholders.

Pravara Pre Recruitment Training Police Academy was started from the academic year 2020-21. This academy has provided training to 108 students since its inception.

The institute took prior permission from Pravara Rural Education Society to introduce the training programme. Before the commencement of the activity, printed pamphlets were distributed to the students in the class and for local community through newspaper vendors. Apart from this, institution installed flex boards at public places in nearby villages for advertisement and to create awareness among the stake holders.

After this, physical test and written examination of interested candidates are conducted by the institute. In the physical test, information about the age, weight and height of the students is taken. Students qualified in the physical test and written examination are selected for admission for Pravara Police/Army Pre Recruitment Training Academy. Admission forms are filled from selected students along with the supporting documents.

Schedule of the basic training programme is notified to the students through notices and Whatsapp groups. Students are advised to join training session in the morning at 06:00 am. to 07:30 am. The institute has appointed trainer to train the students. As part of the training, a schedule is made for the students for their practice and study. Every morning, warm up, stretching, running and shot-put, is practiced every day except Saturday. Every Saturday morning, cross country practice is taken between 6:00 am to 8:00 am. Students go for cross county outside the college campus. To make students physically and mentally healthy the institute provides free breakfast for the students which include eggs, banana and glass of milk.

Trekking at nearby places like Kanadgaon and Dudheshwar hills is organized on at least one of the Saturdays of the month to develop the physical skills of the students. Under this training, institute also provides basic knowledge of military tanks and other materials. Additionally, training of horse riding and rifle shooting are also provided to the students at Pravara Military School. Track suit is also provided to the students.

Along with physical training, competitive examination centre provides coaching for preparation of written examination regularly as per the schedule. The institute creates awareness among the students about various competitive examinations through notices and WhatsApp groups.

**The institute provides following facilities to the students for training:**

1. Training through expert and experienced coaches
2. Experienced director of Physical Education guides the students regularly
3. Various books are made available to the students through the library
4. Internet facility and study center are also made available to them
5. Separate hostel is made available for the girls students
6. The college provides free breakfast for the students in the canteen
7. Outdoor ground facilities with 200 meters running track.



  
**PRINCIPAL**  
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KOLHAR, TAL. RAHATA, DIST. AHMEDNAGAR



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## TIME TABLE

### Pravara Army/Police Pre-Recruitment Training Academy

Academic Year: 2022-23

Applicable Form- 1<sup>st</sup> August, 2022

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6.00 to 6.30 am	Warm up	Warm up	Warm up	Warm up	Warm up	Warm up
6.30 to 7.00 am	Stretching	Stretching	Stretching	Stretching	Stretching	Stretching
7.00 to 8.00 am	Ground PT,	5KM Running	Ground PT	Ground Test	Ground PT	Cross Country
12.00 to 1.00 pm	Marathi Grammar	Maths	Social Science	General Knowledge	-	-

Physical Director  
Arts, Science and Commerce College, Kolhar.



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# REPORT OF ACTIVITY / PROGRAMME

**Academic Year: 2022-23**

**Pravara Army/Police Pre-Recruitment Training Academy**

**Academic Year: 2022-23**



**Organized by:**

Loknete Dr. Balasaheb Vikhe Patil Pravara Rural Education Societies

**Arts, Science and Commerce College, Kolhar**

Tal- Rahata, Dist- Ahmednagar

# **Pravara Army/Police Pre-Recruitment Training Academy**

**Academic Year: 2022-23**

## **Objectives:**

1. Conducting training of Police officers, Military recruitment.
2. Capacity building to the matrices of Sensitization orientation and competency.
3. Imparting professional knowledge and understanding.
4. Development of professional, organisation and community skill.
5. Development of overall personality.

## **Introduction:**

The College of Arts, Science and Commerce, as per the vision and mission statement, has diligently strived to provide assistance to grab jobs and inculcate skills to facilitate and create opportunities for their employment. As per the demand of the students the college had made functional Training Academy for Police Recruitment considering the unavailability of such facilities and infrastructure in the rural areas. The aim has been to inculcate skills necessary for opportunities of employment and empowering them by boosting their confidence. Considering the rural background and the financial constraints of the students studying in the College the project has been highly appreciated by the students, parents and the stakeholders.

## **Details:**

Pravara Pre Recruitment Training Police Academy was started from the academic year 2020-21 and is functional till the academic year 2022 - 23.

In this year Pravara Police Pre-recruitment Training Academy started on 1<sup>st</sup> August, 2022. The information of the students was collected through Google forms. 65 students filled these forms, out of which 42 were selected for the training.

There were 15 Girls and 27 Boys who joined police pre-recruitment training academy. In this academy various activities like Warm up, tracking, shot put, discus through, cross country, Horse raiding, rifle shooting are taken. Along with these activities, regular coaching classes were conducted for History, Geography, Social Science, General Knowledge and Marathi Grammar.

The college took prior permission from the head office of the organization. After the commencement of the activity all the stake holders were informed about the decision through Whatsapp groups of the college and the students. It was advertised through

pamphlets which were distributed to the students and through the local newspaper vendors as well as by installing flex boards at few prominent villages located nearby. The practice has been followed since then each year. After this, written examination and physical test of the students are conducted. In the physical test, information about the age, weight and height of the students is taken and the students are given police pre-recruitment training along with the supporting document.

**The Institute given following Facilities for Trainers:**


1. The help of expert and experienced trainers and faculties is taken for the training of the Students.
2. Various books are made available to the students through the library.
3. Internet facility and study centre are also provided to them.

42 students and 06 faculty members actively participated in Pravara Police Pre-Recruitment Training Academy in the year 2022-23.

## Metrics:

**Number of students:** 42 (Girls- 15, Boys-27)

**Number of stakeholders:** (Teaching Staff- 06 , Non-Teaching Staff- 01)

  
**Physical Director**  
Arts, Science and Commerce College, Kolhar



  
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KOLHAR, TAL. RAHATA, DIST. AHMEDNAGAR





लोकनेते डॉ. बाळासाहेब विखे पाटील (पद्मभूषण उपाधीने सन्मानित)  
प्रवरा ग्रामीण शिक्षण संस्थेचे



# कला, विज्ञान व वाणिज्य महाविद्यालय, कोल्हार

नॅक मानांकन 'अ' दर्जा प्राप्त महाविद्यालय  
मु.पो. कोल्हार, ता. राहाता, जि. अहमदनगर



## पोलीस भरतीपूर्व प्रशिक्षण कोर्स २०२२-२३ प्रवेश सुरु !

### \* कोर्सची वैशिष्ट्ये \*

- तज्ज्ञ व अनुभवी प्राध्यापकांचे मार्गदर्शन
- शारीरिक प्रशिक्षणासाठी स्वतंत्र प्रशिक्षक
- नियमित सराव चाचणी
- नोट्स व प्रश्नसंच
- आहार तज्ज्ञांचे मार्गदर्शन
- सरावासाठी 200 मीटर ट्रॅकचे स्वतंत्र मैदान

### \* सुविधा \*

- सुसज्ज ग्रंथालय व अभ्यासिका
- संगणक व वायफाय सुविधा
- सुसज्ज जिमखाना
- मुलींसाठी स्वतंत्र वसतिगृह/सुविधा
- होस्टेल व कॅन्टीन
- अद्ययावत क्लासरूम



प्रशिक्षणार्थी



अभ्यासिका

मर्यादित 50 जागा  
कोर्स कालावधी  
3 महिने

संपर्क-

प्रा. आर. व्ही. ऊबाळे - 93 708 33 473  
प्रा. यु. ओ. येवले - 98 224 23 972

डॉ. ए. ए. विखे - 83 298 27 482  
प्रा. एम. आर. वडीतके - 89 991 44 757

1 ऑगस्ट 2022 पासून सुरु

डॉ. एच. आर. आहेर

प्राचार्य, कला, विज्ञान व वाणिज्य महाविद्यालय, कोल्हार

ठिकाण : कला, विज्ञान व वाणिज्य महाविद्यालय मैदान, कोल्हार

*Physical Director*

Physical Director  
Arts, Science and Commerce College, Kolhar.



*Principal*

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## **Pravara Army/Police Pre Recruitment Training Academy**

**Year: 2022-23**

### **Students List**

<b>Sr. No.</b>	<b>Students Name</b>	<b>Gender</b>
1.	Barde Prashant Uttam	M
2.	Bhosale Suhas Sarjerao	M
3.	Bramhane Vaibhav Suresh	M
4.	Dodake Atul Subhash	M
5.	Funge Pragati Bharat	M
6.	Gaikwad Abhijit Santosh	M
7.	Gaikwad Chetan Nivrutti	M
8.	Gaikwad Vidya Pawalas	F
9.	Gargade Chaitanya Anil	M
10.	Gavali Sonal Rajaram	F
11.	Gavali Snehal Babasaheb	F
12.	Gethe Piyush Digambar	M
13.	Guldagad Avinash Subhash	M
14.	Hon Sharayu Dharmaraj	F
15.	Jadhav Shital Shankar	F
16.	Jagtap Ketan Dadasaheb	M
17.	Jape Resham Ramesh	F
18.	Jawanjale Ajay Vikas	M
19.	Jogdand Anuja Navnath	F
20.	Kale Gauri Prakash	F
21.	Karande Pranav Avinash	M
22.	Kurhe Payal Rajendra	F
23.	Lokhande Mahesh Prakash	M
24.	Lokhande Siddharth Rajendra	M
25.	Lokhande Pratik Suresh	M
26.	Lokhande Shubham Sambhaji	M
27.	Lokhande Vrushabh Gokul	M
28.	Madkar Akshay Santosh	M
29.	Mahapur Sandip Appasaheb	M
30.	Malve Renuka Somnath	F
31.	Mane Shubham Balasaheb	M
32.	Mansuri Mujahid Amin	M
33.	Mansuri Shakir Shakil	M
34.	Mapari Om Sunil	M

35.	More Vaishnavi Rajesh	F
36.	Nannor Sachin Santosh	M
37.	Pagare Pratibha Bhausaheb	F
38.	Pankhade Vaishnavi Bhagawat	F
39.	Patel Noman Nasir	M
40.	Raut Pratiksha Arjun	F
41.	Sarode Janvee Vijay	F
42.	Waditake Mahesh Popat	M

  
**Physical Director**  
**Arts, Science and Commerce College, Kolhar.**



  
**PRINCIPAL**  
**ARTS, SCIENCE & COMMERCE COLLEGE**  
**KOLHAR, TAL. RAHATA, DIST. AHMEDNAGAR**

# Success Students Certificate



## JOIN INDIAN NAVY

Directorate of Manpower  
Planning & Recruitment  
C WING  
IHQ-MOD(Navy)  
Sena Bhawan,  
New Delhi 110011  
01 Jan 23

### CALL LETTER FOR FINAL MEDICAL EXAMINATION FOR ENROLMENT IN THE INDIAN NAVY

Dear **PAYAL RAJENDRA KURHE**

1. This is to inform you that you have been provisionally selected for recruitment in the Indian Navy for **AA** February, 2023 batch. Your enrolment will be subject to your clearing the final medical examination and various tests (Screening, Entry Behavior test etc) being conducted for the particular entry as applicable, on arrival at INS Chilka.
2. You are to report to the Recruiting Office, INS Chilka on **20/11/23 07:00 hrs.**
3. You have been appointed against your registration number **G3049156AF.**
4. Your present selection will stand cancelled and you will have no claim for enrolment in the Indian Navy, on any of the following grounds:
  - (a) If you are found medically unfit.
  - (b) In case you fail to report on the date and time mentioned at Para 2 of this letter.
  - (c) Failure to bring with you the documents/ items mentioned in the joining instructions.
  - (d) Particulars not matching with the information provided in the Original Documents.
5. Your basic training at INS Chilka will cover the following:
  - (a) Academic and service subjects.
  - (b) Sports Activities.
  - (c) Outdoor training such as Parade Training, Sailing, Boat Pulling, Swimming, Cross Country, Trekking, Firing etc.
  - (d) Service oriented activities including maintenance of equipment, living spaces, training areas etc.
6. You are liable to be discharged from the Indian Navy in case your achievement in the activities mentioned at Para 4 at INS Chilka is unsatisfactory.
7. Post enrolment during the period of training and thereafter, if certain diseases/ ailments are detected which was not detected during preliminary and final medical, you will be invalidated from the service through a Medical Board as per current orders.
8. During your training period and thereafter, you will be entitled to full pay and allowances, free uniforms, food and accommodation. On completion of training you will be entitled to the laid down services and benefits as provided for, in the regulations. Your service conditions will be governed by current orders.



#### **Warning against Impersonation**

Candidates' identity will be verified using technological means and biometrics. If impersonation is detected, concerned candidates will be disqualified at any stage of selection, training or service and debarred from further selection opportunities. Also, candidates involved will be prosecuted under IPC Sections 420 (Cheating), 467 (Forgery of valuable security), 468 (forgery for cheating) and 471 (using genuine as forged).

#### **NOTE:**

1. This is a computer generated report and does not require signature.
2. Please download the joining instructions for further action.

JOIN INDIAN NAVY CALL UP LETTER OF TRAINING	
Application No.: AA567893N	Registration No.: G3049156AF
Entry	AA[10PLUS 2 BTECH] 05/2023
Name	PAYAL KURHE
Father's Mother's Name	RAJENDRA KURHE
Trade	CLK(AA)
Reporting Date	12/12/2023
Reporting Time	11:00AM
Reporting Place	INS SHIVAJI LONAVALA 410402
Address Of Training Center	INS CHILIKA KHORDA ORISSA 752037
State	ORISSA





**जिल्हा आपत्ती व्यवस्थापन प्राधिकरण  
अहमदनगर**

**प्रमाणपत्र**

प्रमाणित करण्यात येते की, कुमार/कुमारी/श्री./श्रीमती कल्याणी बंडू पडोळकर यांनी राष्ट्रीय आपत्ती व्यवस्थापन प्राधिकरण व राज्य आपत्ती व्यवस्थापन प्राधिकरण यांनी पुरस्कृत केलेला व जिल्हा आपत्ती व्यवस्थापन प्राधिकरण अहमदनगर द्वारा आयोजित केलेले **“आपदा मित्र”** या १२ दिवसांचे निवासी प्रशिक्षण दिनांक **28 / 09 / 2023** ते **08 / 02 / 2023** या कालावधीमध्ये यशस्वीरित्या पूर्ण केले आहे.

**“आपदा मित्र”** म्हणून आपली क्षमता बांधणी झाल्याने संभाव्य आपत्तीच्या काळातील मदत कार्यात तत्परतेने सहभागी होऊन आपले योगदान द्याल, याकरिता हे प्रमाणपत्र देण्यात येत आहे.



**राजेंद्रकुमार पाटील**  
निवासी उपजिल्हाधिकारी तथा मुख्य कार्यकारी अधिकारी  
जिल्हा आपत्ती व्यवस्थापन प्राधिकरण, अहमदनगर



**डॉ. राजेंद्र ब. भोसले भा.प्र.से.**  
जिल्हाधिकारी तथा अध्यक्ष  
जिल्हा आपत्ती व्यवस्थापन प्राधिकरण, अहमदनगर



No :

# Maharashtra State Security Corporation



## Certificate of Training

This is to certify that

Shri./Smt. Kiran Jagannath Retare

has successfully completed Basic Training course conducted by

Maharashtra State Security Corporation during the period

from 24.11.2022 to 07.01.2023

Superintendent of Police (Administration)

For Director General

& Managing Director

Maharashtra State Security Corporation,

Mumbai

Dated :



# Pravara Police/Army pre-recruitment Training academy

Photos: 2022-23



**Trainee Students**



**Push-ups**



**Warm Up**




**Stretching**



**5 Km Running**



**Shot put**

  
**Physical Director**  
Arts, Science and Commerce College, Kolhar.



  
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