

Pravara Rural Education Society's Arts, Science and Commerce College, Kolhar Tal. Rahata, Dist.- Ahmednagar- 413710 Affiliated to Savitribai Phule Pune University, Pune

## Self Study Report: 2023 (2<sup>nd</sup> Cycle)

# **DVV Clarification**



**Criteria -3** 

## **Research, Innovations & Extension**

Key Indicator: 3.3 Research Publications and Award

## Metric: 3.3.2 (QnM)

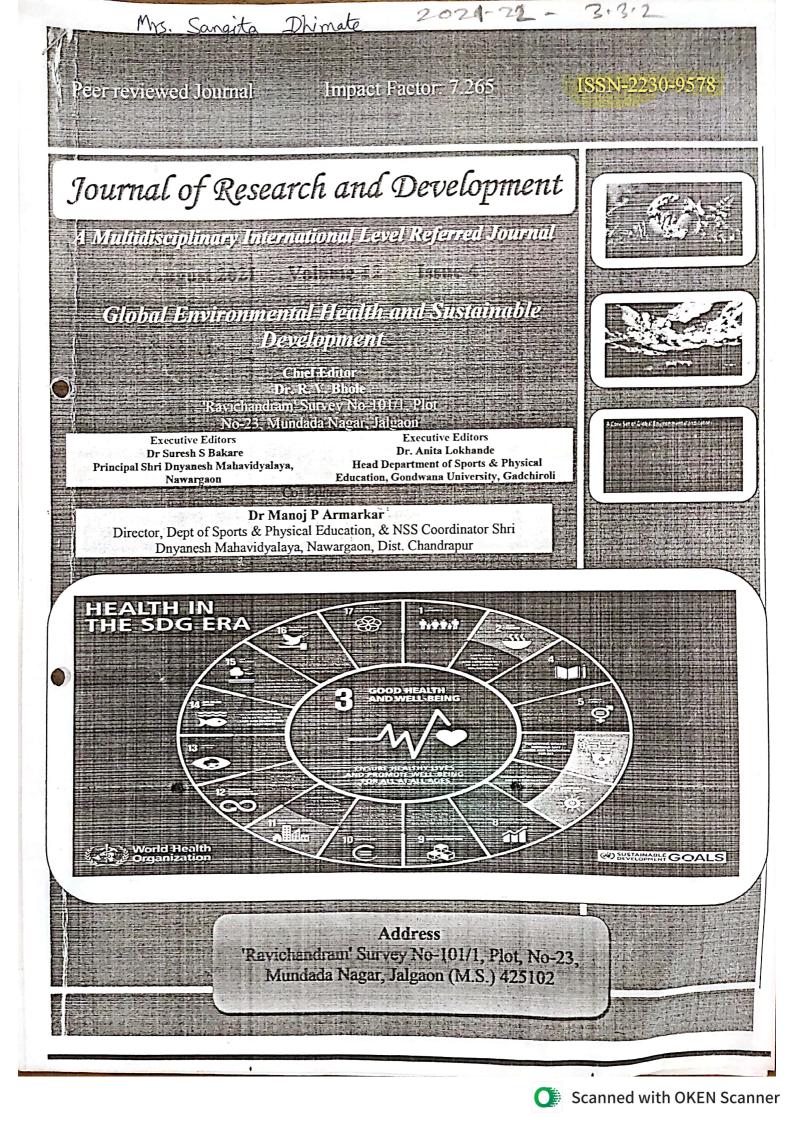
Number of books and chapters in edited volumes/books published and papers published in national/ international conference proceedings per teacher during last five year

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## Summary of Publication

Sr. No.	Title of the paper	Name of the teacher	Year of Publication	ISBN number of the proceeding	Affiliating Institute at the time of publication
1.	Yog Nidra: A Boon for Physical and Mental Health	Dhimate S. S.	2021	2230-9578	Department of English, Arts, Commerce and Science College Kolhar
2.	The Variety of Themes in Vijay Tendulkar's "The Vultures"	Dhimate S. S.	2022	2230-9578	Department of English, Arts, Commerce and Science College Kolhar
3.	A study on Stress and Coping Behavior of Female College Teachers: Yoga, an Invaluable gift of India	Dhimate S. S.	2021	2230-9578	Department of English, Arts,Commerce and Science CollegeKolhar
4.	SamaKalinKahani Mai Dalit Vimarsh	Tupe P. T.	2022	2582-5429	Department of Hindi , Arts, Commerce and Science College Kolhar
5.	Impacts of Tourism on Environment	Dalimbe S. N.	2021	2230-9578	Department of Geography, Arts, Commerce and Science College Kolhar
6.	Poverty Line Analyses of ShrigondaTahsil, Ahmednagar District, Maharashtra	Dalimbe S. N.	2021	2347-7075	Department of Geography, Arts, Commerce and Science College Kolhar
7.	Case Study of Irrigation and Economic Development: Shrigonda Tahsil (MS)	Dalimbe S. N.	2021	2230-9578	Department of Geography, Arts, Commerce and Science College Kolhar
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## Yoga Nidra: A Boon for Physical and Mental Health Dr. Kanawade Pratibha Vijay<sup>1</sup> Mrs. Dhimate Sangita Sunil<sup>2</sup>

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Abstract: Yoga is an ancient science developed by the Indian sages. It improves in the physical, mental and spiritual health. Yoga Nidra is an important technique found in this practice, comprising of both asana and pranayama. It is the easiest way to get calmness to the body and mind. It is practiced in the simple shavasana with guided set of instructions. It is a sleep with conciousness. It is a kind of meditation which relaxes from physical pain and releases mental stress. So in the modern era of anxiety, it is a very useful and desirable practice. The length of this yogic sleep can vary from five minutes to an hour. It helps in reducing anxiety, anger and depression. It can be developed by practice and gives various benefits to the body and mind. Through this technique, we can overcome many physical and mental disorders. Thus, it is a boon to improve physical and mental health.

Keywords: Yoga Nidra, physical health, mental health, benefits.

#### Introduction:

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Yoga is an age-old science practiced by learned sages in ancient India. These practitioner of yoga were physically, mentally and spiritually fit. They used to lead a happy and content long life. They looked young and were very active intellectuals. Their life-style was simple and healthy as it constituted of four parts : Yama, Niyama, Aasana and Pranayama. These four are the major factors followed in Yoga. Yama is the attitude towards environment, Niyama refers to attitude towards ourseleves, Asanas are the different physical postures and pranayama stands for the restraint or expansion of the breath. It is considered that the Yoga Nidra is as old as yoga. The Upnishads mention it for the first time in the history of yoga. It is an ancient technique from India used by the sages as a tool for physical and mental relaxation. It is associated with Lord Krishna's transcendental sleep, in the well-known Hindu epic, Mahabharata. As mentioned in Book 1, section XXI:

The Ocean becomes the bed of the lotus-naveled Vishnu when at the termination of every Yuga, that deity of immeasurable power enjoys yoga-nidra, the deep sleep under the spell of spiritual meditation.

History and Development of the Practice of Yoga Nidra: Derived from the Sanskrit word, Yoga Nidra is a state of conciousness between waking and

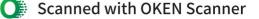
sleeping. Yogic sleep is a guided meditation for going-to-sleep stage. The human body is completely relaxed and the awareness about the inner world increases by following a set of verbal instructions. The practitioner of Yoga Nidra is in a state of conciousness, with light withdrawal of the five senses, except hearing. The sense organ, ear, is very active during this process to listen to the given instructions. The other four senses of seeing, smelling, tasting and touching are internalised or withdrawn. The work of these sense organs - eyes, nose, tongue and skin is not needed at this hour to practice Yoga Nidra. It is the deepest possible state of relaxation, at conscious level. The modern Yoga Nidra technique is created by Swami Satyananda Saraswati, the founder of the Bihar school of Yoga in the early sixties. He mastered a large variety of ancient practices and modified some of them to fit in his own yoga system. He claims that his Yoga Nidra was based on some less known, but important practices.

## The Background of Yoga Nidra:

Yoga Nidra is usually considered as simple and easy to perform yogic practice. It is commonly known as yogic sleep which is a very powerful meditation technique. It is one of the easiest form to maintain as it is done in Shavasana, that is, a corpse pose. The practioner has to lie down on his back with his hands and legs spread away. The neck and back is straight, but without stretch. The eyes are closed and the body and mind, both are in a restful stage. During Yoga Nidra, a blanket can also be used for warmth, as well as a bolster under the knees and a pillow to rest the head. The Yoga Nidra teachers would use some specific instructions to guide and relax the students. Some asanas, pranayama, chanting and meditation may also be included for better results. The following set of instructions are usually provided to the pupils:

Lie down straight in the shavasana with closed eyes. Start taking deep, slow breaths. Feel relax. 1.

- While taking deep, slow breaths, attention should be fixed on the left foot. The foot should be kept as 2. relaxed as possible. Then the focus should be slowly moved upwards to the left knee, left thigh and waist.
- Repeat all these stages with the right leg, that is, while keeping eyes closed and taking deep, slow 3. breaths, try to be aware of entire right leg and it's existence.

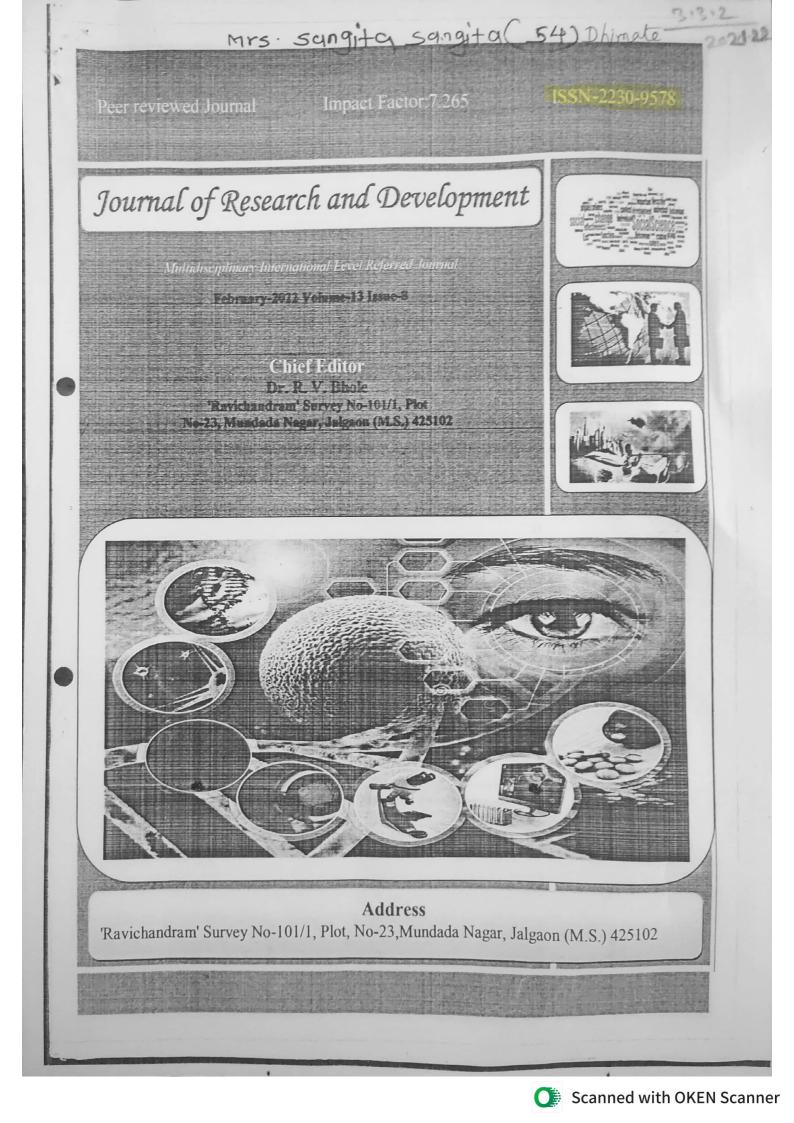


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## The Variety of Themes in Vijay Tendulkar's "The Vultures

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Abstract: The 1960s witnessed innovations and experiments in Indian drama in English by leading playwrights of various Indian languages like Mahavir Bharati, Mohan Rakesh, Vijay Tendulkar, Badal Sirkar and Girish Karnad. Majority of the authors wrote in their own mother tongues and it was made available all over India through translation in English. Thus a new genre in literature came forth as Indian Drama in English Translation. One of the dynamic contributors of the Indian drama is Vijay Tendulkar. He wrote vigorously in his mother tongue, Marathi and was the most criticized author in Marathi literature, The contemporary Maharashtrian society could not bear his severe attacks on the social institutes like education, marriage, joint families, etc. His focus was on the social and cultural drawbacks in the middleclass families. In the Vultures, he has shown the beastly nature of a bourgeois family through their immorality, selfishness, hatred, brutality and money-mindedness.

Keywords: Culture, society, degeneration, immorality.

#### Introduction:

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Literature is a reflection of life. All forms of literature, especially, drama throws light on the realistic conditions of society in all aspects. India has an ancient tradition of Sanskrit plays initiated by Bhasa, Kaalidasa, Bhavbhuti, etc. In due course, drama developed in all parts of the world. In India, the modern and post-modern era, witnessed various types and developments in drama. A lot of changes in the form, themes and techniques of drama were experienced in the 1960s. These modern playwrights represented the real picture of the contemporary Indian society. They experimented in themes, techniques and patterns of the theatre. They tried to expose the real nature of man and his struggle with the social, cultural and spiritual values. The experimental movement in drama was led by four playwrights - Badal Sircar in Bengali, Girish Karnad in Kannada, Mohan Rakesh in Hindi and Vijay Tendulkar in Marathi,

The industrial developments and resulting urbanization gave rise to a new class of people, known as middle class. The selfishness and alienation of the modern man, gave rise to cruelty and physical, verbal and psychological violence. This badly affected the social values, culture and morality of the masses. A wave of dissatisfaction about the existing customs and traditions increased immensely in the society resulting in the desire for change and reformation of the age-old traditions and culture. Vijay Tendulkar threw light on all these aspects of social, cultural and spiritual bankruptcy of the social institutions and manners. The themes of Tendulkar's writing were growing materialism, hostility, hypocrisy and dehumanization of man. He was aptly called "The Angry Young Man of Marathi Theatre".

Tendulkar condemned the immoralities and collapse of the social order, value system and principles in his critically acclaimed play "The Vultures". The major theme is degradation along with inhuman treatment given to the women and sibling jealousy. It is seen through drunkenness, greed, sexual harassment and loss of family ties. The play exemplifies the modern man, devoid of cultural and social values. The major characters in the play like Mr. Hari Pitale, Ramakant, Umakant and Manik depicts inborn violence, selfishness, sensuality and wickedness. Their actions like strangling, beating, screaming and murdering are like the vultures. Their fight for wealth is like hungry beasts. So the atmosphere of the play is also filled with suspicion, disbenef and cruelty. The family members vibrate the social as well as the moral and cultural norms.

## The Paper:

"The Vultures" was originally written in Marathi as "Gidhade" in 1961. It faced many censorship problems and could not be staged for several years due to its controversial theme of power hunger, immorality, degeneration and violence. It was first staged in 1970 which portrayed the darker side of humanity and showed the inborn violent instincts. Greed, drunkenness, wickedness, selfishness, sensuality and sibling jealousy are the signs of degeneration. It is suggested through social, moral, cultural and spiritual deprivation. Tendulkar depicts all these things in the vultures through the members of Pitale family. It was translated into English by Priya Adarkar.

The play opens with the setting of a house that looks like a worn-out, hollow of a tree, resembling the den of vultures. It symbolizes the inhumanity, immorality and cruelty of its inmates. But in contrast to this, there is an altar of sacred basil, tulsi-vrindavan in the small courtyard. This setting is typical of a



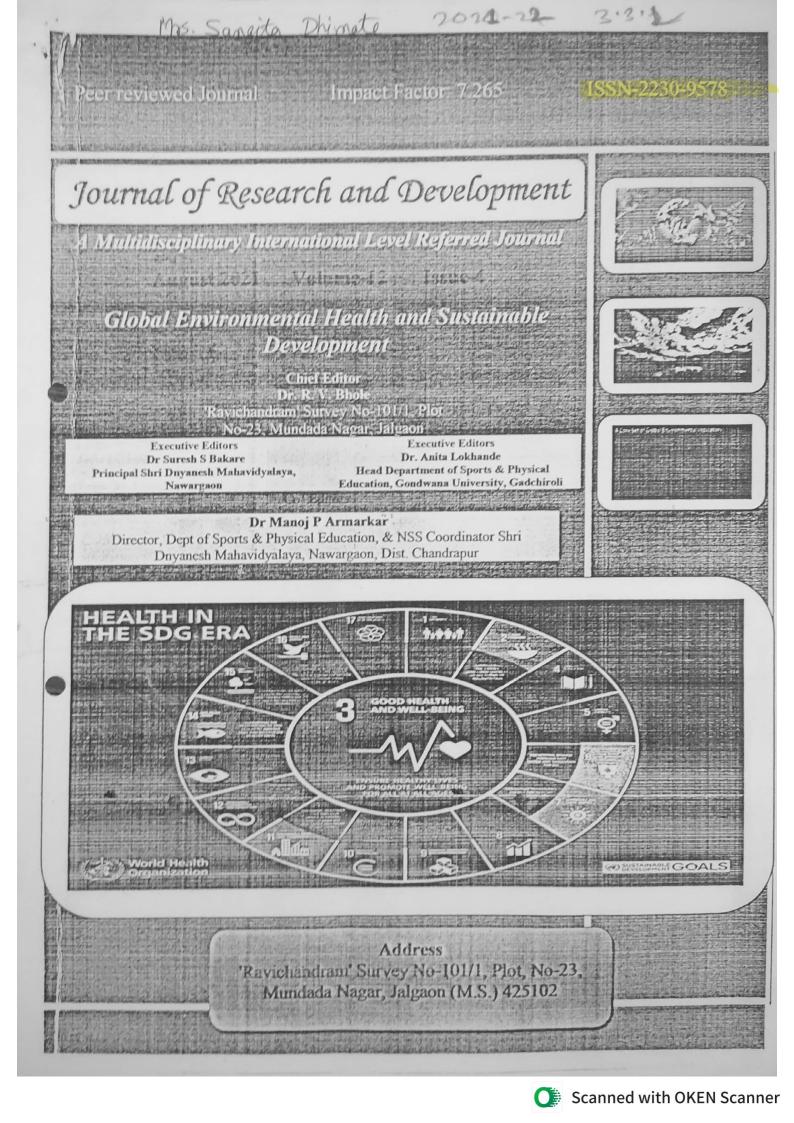
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## A Study on Stress and Coping Behaviour of Female College Teachers: Yoga an invaluable gift of India

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#### Abstract

The issues of somatic and mental health are important areas for consideration in the social and medical services. The amount of stress in making decisions as well as stability and security often being in short supply, create a climate that often takes its toll on mental health.

The definition adopted by the World Health Organisation states complete physical, mental, spiritual, and social well-being as the manifestation of truly healthy functioning. This approach assumes that health is not only the absence of disease but also has a positive aspect that is welfare. Research focus on simply identifying and minimizing risk to recognize and strengthen its own resources to provide protection from and assistance to coping with the effects of stress.

Therefore, it is important to seek models and strategies that can help is cope with stress so that it does not cause excessive damage to Human Resource. Of significance, research aimed at female college teachers will improve their abilities to think positively, to be able to adapt and to develop their mental stamina. This will increase their work efficiency. The life of college teacher is a balancing act, both professionally and personally. They must weigh the demands of research, publishing, teaching, and service with the requirements of their personal responsibilities. The purpose of this study is to explore the role of stress on the work-life balance of college female teachers.

Keywords: spiritual, balancing act, work life balance, manifestation

#### Introduction:

We come with the word stress every day in our walks of life. It can be explained as pressure upon a person's psychological system which arises out of complexity or intensity of one's work life. It also affects physical and behavioral system. Government officials, administrators, politicians, even housewives' experiences stress. In education system teachers are experiencing pressures to increase productivity and efficiency to fulfill the expectations of public, management, and government. Teacher stress is an occupational stress. Teacher profession is stressful in the modern competitive world. The National Foundation for Educational Research through their analysis revealed that one in five teachers feels tense about their job all or most of the time compared with one in eight workers in similar profession. One of the major reasons of teaching is stressful due to lack of autonomy and input in making decisions. The stress level among female teachers is high which made them perform below standard. Thus, the study sets out to investigate various causes of work stress and how Yoga is considered a comprehensive practice that integrates mental, physical, and non-secular components of the College Female Teachers. Origin of Research Problem:

Stress is normal part of our life and something we cannot control. However, we can control our response to stress. The main purpose of the research is to know what extent the physical, psychological, and personal qualities of female college teachers are affected due to stress caused by work, peer relationship, service encounters and relation with administration.

## Review of Research and Development in the Subject:

International

The Research study will be an assessment on stress and coping behaviors among college female teaching faculty of working in Technical and Non-Technical Colleges. The researcher aims to explore how female teachers define stress and what the major causes of stress for these

teachers. The researcher also intends to investigate the strategies both positive and negative that teachers implement as they attempt to cope with the identified stressors. Stress can have negative impact on teachers psychological and physical wellbeing. It is vital that teachers can recognize stress so that they can take the appropriate steps to deal with it in a positive manner. The teacher, not the learner, is now regarded as being the primary carrier of stress and mostly affected by the day-to-day activities and organization of modern education. It is essential that teachers can develop proper coping strategies for stress that are unique to their individual personalities.

### b. National

Factors which are the root cause for the stress is known as stressors. Multiple factors influence the stress among college teachers. Findings of so many research studies pointed out that organizational stressors like



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Convenor Dr Manoj P Armarkar Director, Dept of Sports & Physical Education, & NSS Coordinator Shri Dnyanesh Mahavidyalaya, Nawargaon, Dist. Chandrapur	Organizer Dr. Anita Lokhande Head Department of Sports & Physical Education, Gondwana University, Gadchiroli	Chief Organizer Dr Suresh S Bakare Principal Shri Dnyanesh Mahavidyalaya, Nawargaon	Chief Organizer Dr. Srinivas Varkhedi Vice-Chancellor Gondwana University, Gadchiroli

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\* अतिथि संपादक \*

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## समकालीन कहानी में दलित विमर्श

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दलित साहित्य समाज सापेक्ष है। साहित्य के क्षेत्र में दलित साहित्य अपनी अस्मिता के लिए संघर्ष कर रहा है। यह साहित्य समाज के ऐसे वर्ग का साहित्य है जिसमें अपनी जीवन की पूर्ण वास्तविकता का चित्रण हुआ है। वही साहित्य दलित साहित्य के नाम से अपनी पहचान बनाता है। दलितों ने अपने साहित्य के माध्यम से अपने जीवन के यथार्थ को पटल पर रखा है। समाज द्वारा दी गई वेदना पीड़ा उपेक्षा आदि विभिन्न समस्याओं को इस वर्ग ने अपने साहित्य में अभिव्यक्ति दिए हैं। यह साहित्य उस वर्ग का साहित्य है, जो आज के आधुनिक समय में परंपरा और धर्म के आधार पर बनाई गई वर्ग वित्त की दीवार को ढहाने में पूर्ण सक्षम है। इस साहित्य के अंतर्गत जातिभेद, वर्ग भेद, छुआछूत, उपेक्षा की भावना का पूर्ण प्रतिकार किया गया है। साथ ही समाज में समानता स्वतंत्रता भाईचारे की भावना का चित्रण है। यह साहित्य समानता का साहित्य हैं। स्वतंत्रता का साहित्य है। बराबरी का साहित्य हैं अपनी अस्मिता के लिए लिखे जाने वाला साहित्य हैं। दलित साहित्य पर एक नजर डालने से पहले दलित शब्द का अर्थ दलित शब्द की अवधारणा, प्रेरणा, स्रोत, चिंतन के आधार को जानना समझना प्रासंगिक होगा। दलित शब्द का शाब्दिक अर्थ है कुचला हुआ, गरीब और शोषित वर्ग। दलित शब्द की उत्पत्ति संस्कृत घातु दल से हुई है। जिसका अर्थ है तोड़ना, कुचलना आदि से हैं मानक हिंदी शब्दकोश में दलित का अर्थ "दलिंद रदिद और बहुत ही निम्न कोटि का कहा गया है। "

मानक हिंदी कोष में दलित का अर्थ "जिसका दलन हुआ हो, मसला या रौंदा गया हो, जो दबाया गया हो, कुचला गया हो अर्थात जिसे पनपने और बढ़ने नहीं दिया गया वह और नष्ट किया गया हो अर्थात दलित वर्ग समाज का निम्नतम वर्ग है, जो ऊंचे वर्ग के लोगों के उत्पीड़न के कारण आर्थिक दृष्टि से बहुत ही हीन दशा में हो जैसे दास प्रथा, सामंत शाही व्यवस्था में कृषक और पूंजीवादी व्यवस्था में मजदूरी"<sup>2</sup> समय के परिवर्तन को देखते हुए वर्तमान स्थिति में भारतीय नवजागरण के साथ निम्न वर्ग की दुरावस्था और सुधारकों का ध्यान आकृष्ट हुआ इस संदर्भ में एक और तो अस्पृश्यता एवं वर्ग असमानता को दूर करने हेतु राजा राममोहन राय, दयानंद सरस्वती, बाल गंगाधर तिलक जैसे भूतियों ने समाज सुधार के प्रयास किए। तो दूसरी और ज्योतिबा फुले, पेरियार नारायण गुरु तथा डॉक्टर भीमराव अंबेडकर जैसे दलित वर्ग की विभूतियों ने परिवर्तन का सुर बुलंद किया। उत्तर आधुनिक दलित विमर्श ने इन वर्गों का केंद्र में लाने के लिए व्यवस्था परिवर्तन पर बल दिया। और बीसर्बी शताब्दी के अंतिम दो दशार्को में विभिन्न भारतीय भाषाओं के साहित्य में दलित विमर्श तीव्रता से सामने आया। दलित साहित्यकारों ने दलित साहित्य की विशेष स्थिति और आवश्यकताओं को रेखांकित करते हुए प्रतिपादित किया है कि दलितों के द्वारा दलितों के जीवन पर लिखा गया साहित्य दलित साहित्य हैं। किसी गैर दलित या सवर्ण द्वारा लिखे गए दलित संबंधित साहित्य को वे दलित साहित्य मानने को तैयार नहीं है। उनकी दृष्टि में ऐसा साहित्य सहानुभूति या दया का साहित्य है। चाहे प्रेमचंद या निराला का ही दलित साहित्य क्यों ना हो ? प्रेम कुमार मणि के अनुसार "दलितों के द्वारा दलितों के लिए लिखा जा रहा साहित्य दलित साहित्य है"<sup>3</sup>

दलित साहित्य के उद्देश्य पर प्रकाश डालते हुए डॉक्टर जयप्रकाश कर्दम कहते हैं "दलितों द्वारा लिखा गया ऐसा साहित्य दलित साहित्य है जो उन्हें अपना दमन और शोषण करने वालों के विरुद्ध संघर्ष के लिए प्रेरित करें, उनके अंदर सम्मान और स्वाभिमान से जीने की भावना पैदा करें भाग्य भगवान पुनर्जन्म पर लोग आदि में विश्वास की बजाए वैज्ञानिक सोच का विकास करें वर्ण व्यवस्था जाति व्यवस्था सहित उन तमाम शोषण मुल व्यवस्थाओं का विरोध करने की सीख दे जो असमानता अन्याय और मानवीयता की जनक या पोषक है।"<sup>4</sup>

दलित कहानी के विकास पर गौर करते हैं तो एक भरी पूरी पीढ़ी दिखाई पड़ती है पिछली पीढ़ी में ओमप्रकाश वाल्मीकि से शुरू करें तो जयप्रकाश कर्दम मोहनदास नैमिशराय, सूरजपाल चौहान, अनिता भारती, कैलाश वानखेड़े जैसे कथाकार विरोध प्रतिरोध का एक विमर्श दृष्टि दिखाई देते हैं। यह कहानियां ना होकर संवेदना के सूत्र हमारे सामने प्रस्तुत करते हैं। पुष्पा भारती की 'जूता' ऐसी ही कहानी है। राजेंद्र बडगूजर की 'इनाम' हरियाणवी समाज में जाटों की अवसरवादी था और दलितों के प्रति उनके 'यूज एंड ध्रो वाले दृष्टिकोण को प्रस्तुत करती है। दलित कहानी में एक नहीं अनेक स्वर है। आज हिंदी कहानी में चेतना के धरातल पर इकहरे नहीं



सावित्रीबाई फुले पुणे विश्वविद्यालय, पुणे सलंग्र लोकनेते डॉ. बालासाहेब विखे- पाटील (पद्मभूषण उपाधि से सम्मानित) प्रवरा ग्रामीण शिक्षण संस्था का

# कला, वाणिज्य एवं विज्ञान महाविद्यालय, सात्रल

तहसील- राहुरी, जिला-अहमदनगर (महाराष्ट्र) भारत (नैक 'B++' श्रेणी प्राप्त)

आजादी के अमृत महोत्सव के उपलक्ष्य में अंतर्गत गुणवत्ता सिद्धता कक्ष, हिंदी विभाग तथा महाराष्ट्र हिंदी परिषद, कोल्हापुर के संयुक्त तत्त्वावधान में आयोजित द्वि-दिवसीय ऑनलाइन अंतरराष्ट्रीय हिंदी संगोष्ठी हिंदी साहित्य : विमर्श के विविध आयाम

## प्रमाणपत्र

प्रमाणित किया जाता है कि डॉ. प्रवीण तुलशीराम तुपे, सहायक प्राध्यापक, हिंदी विभाग, कला, विज्ञान एवं वाणिज्य महाविद्यालय, कोल्हार ने आजादी के अमृत महोत्सव के उपलक्ष्य में अंतर्गत गुणवत्ता सिद्धता कक्ष, हिंदी विभाग तथा महाराष्ट्र हिंदी परिषद, कोल्हापुर के संयुक्त तत्त्वावधान में बुधवार तथा गुरूवार दिनांक- 30 तथा 31 मार्च, 2022 को "हिंदी साहित्य : विमर्श के विविध आयाम" विषय पर आयोजित द्वि-दिवसीय ऑनलाइन अंतरराष्ट्रीय हिंदी संगोष्ठी में प्रपत्र प्रस्तोता के रूप में उपस्थित रहकर सक्रिय योगदान देने के उपलक्ष्य में यह प्रमाणपत्र दिया

जाता है. शोधालेख-शीर्षक- समकालीन कहानी में दलित विमर्श

प्रो.डॉ. सोमनाथ घोलप उप-प्राचार्य

डॉ.भाऊसाहेब नवले उप-प्राचार्य एवं अध्यक्ष, हिंदी विभाग तथा समन्वयक, द्वि-दिवसीय संगोष्ठी

डॉ.अनंत केटारे

सह-आचार्य एवं संयोजक, द्वि-दिवसीय संगोष्ठी



डॉ.जयश्री सिनगर

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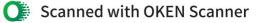
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# Impacts of Tourism on Environment

Dr. S. N. Dalimbe

Abstract:

Assistant Professor, ASC College Kolhar, Ahmednagar, Maharashtra Impacts of tourism bring many economic and social benefits, particularly in rural areas and developing countries, but mass tourism is also associated with negative effects. Tourism can only be sustainable if it is a solution of the local statement of sustainable if it is carefully managed so that potential negative effects on the host community and the environment are not permitted to outweigh the financial henefits. Tourism is an important, even vital source of income for many countries. Its importance was recognized in the Manila Declaration on World

Tourism of 1980 as "an activity essential to the life of nations because of its direct effects on the social, cultured a l cultural, educational, and economic sectors of national societies and on their international relations. Tourism brings in large amounts of income into a local economy in the form of payment for goods and services needed by tourists, accounting for 30% of the world's trade of services, and 6% of overall exports of goods and services. It also creates opportunities for employment in the service sector of the economy associated with tourism.

### Introduction

Tourism is travel for recreation, leisure, religious, family or business purposes, usually for a limited duration. Tourism is commonly associated with international travel, but may also refer to travel to another place within the same country. The World Tourism Organization defines tourists as people "traveling to and staying in places outside their usual environment for not more than one consecutive year for leisure, business and other purposes". Tourism has become a popular global leisure activity. Tourism can be domestic or international, and international tourism has both incoming and outgoing implications on a country's balance of payments. Today, tourism is a major source of income for many countries, and affects the economy of both the source and host countries, in some cases being of vital importance. The direct employment within the tourism industry and indirectly in sectors such as retail and transportation. When these people spend their wages on goods and services, it leads to what is known as the "multiplier effect," creating more jobs. The tourism industry also provides opportunities for small-scale business enterprises, which is especially important in rural communities, and generates extra tax revenues, such as airport and hotel taxes, which can be used for schools, housing and hospitals.

Positive impacts of tourism: Tourism encourages the preservation of traditional customs, handicrafts and festivals that might otherwise have been allowed to wane, and it creates civic pride. It also helps generate funding for maintaining animal preserves and marine parks through entrance charges and guide fees. By creating alternative sources of employment, tourism reduces problems.

Social Effects: The improvements to infrastructure and new leisure amenities that result from tourism also benefit the local community. Tourism encourages the preservation of traditional customs, handicrafts and festivals that might otherwise have been allowed to wane, and it creates civic pride. Interchanges between hosts and guests create a better cultural understanding and can also help raise global awareness of issues

Environmental Effects: Tourism particularly nature and ecotourism helps promote conservation of wildlife and natural resources such as rain forests, as these are now regarded as tourism assets. It also helps generate funding for maintaining animal preserves and marine parks through entrance charges and guide fees. By creating alternative sources of employment, tourism reduces problems such as over-fishing and Economic Effects: In economic factor tourism effects many economic environment in positive way. It

always generates a good factor which improves business for some industries like hotels, shoppers, always generates a good motor international living of people who earn and all tourist in a positive manner. It provides an employment to image impacts from tourism occur when the level of visitor use is greater than the Negative Impacts: Negative impacts from tourism occur when the level of visitor use is greater than the

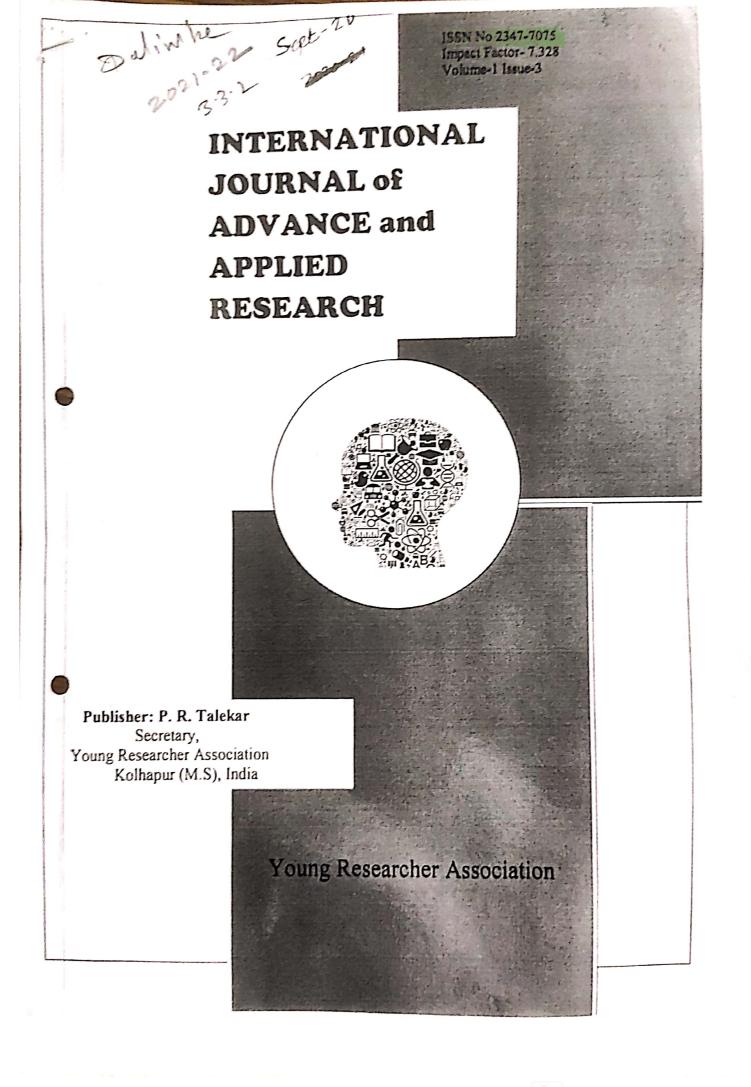
negative impacts; regarre impacts to greater than the acceptable limits of change. Uncontrolled conventional tourism poses potential threats to many natural areas around the world. It can put enomineus pressure on an area and lead to impacts such as soil erosion, increased pollution, discharges into the sea, natural habitat loss, increased pressure on endangered species and heightened vulnerability to forest fires. natural habitations, increased produces, and it can force local populations to compete for the use of critical

There are basically three negative impacts that effect on environment: There are Dasically units in generation in a second environment: 1. Social Effects: Visitor behavior can have a detrimental effect on the quality of life of the host For example, crowding and congestion, drugs and absolut I. Social Effects; visitor beneficient of the formation of the quality of life of the host community. For example, crowding and congestion, drugs and alcohol problems, prostitution and



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Global En	vironmental Health an	<b>M Sustainable De</b>	velopment
Kolhar) organized by the Gondwana University, Gaden Quality Assurance Cell (IQAC) on 20th August	<b>3.</b> Sopan Nivrutti Dalin has participated in One Day Multidisciplinary Int hiroli, Department of Sports & Physical Education 2021, Thursday, in Virtual mode.	nbe (Art's, Science of dernational e-Conference on 'Global Enviro & Shri Dnyanesh Mahavidyalaya, Departm	nmental Health and Sustainable Development'
He/She has presented a research paper entitled_	Impacts of Tourism or		
Convenor Dr Manoj P Armarkar Director, Dept of Sports & Physical Education, & NSS Coordinator Shri Dnyanesh Mahavidyalaya, Nawaryaon, Dist. Chandrapur Issae of Cectificate-20th August, 2021	Organizer Dr. Anita Lokhande Head Department of Sports & Physical Education, Gondwana University, Gadchiroli	Chief Organizer Dr Suresh S Bakare Principal Shri Dnyanesh Mahavidyalaya, Nawargaon	Chief Organizer Dr. Srinivas Varkhedi Vice-Chancellor Gondwana University, Gadehiroli

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Maharashtra Dr. Sopan N. Dalimbe Assi Prof & Head Dept of Geography Arts, Science and Commerce College Kolhar-413710	Poverty Line Analyses of Shrigonda Tahsil, Ahmednagar District,
Assi Prof & Head Dept of Geography Arts, Science and Commerce Conege Roman (15)(1)	Maharashtra
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## Abstract

ShrigondaTahsil forms to the southern part of Ahmednagar District (18° 27' N to 18° 51' North latitudes and 74° 23' E to 74° 52' East longitudes). Total geographical area of the Tahsil is 1519.89 Sq. Km. and stand fourth largest Tahsil in Ahmednagar district. ShrigondaTahsil is situated between Pune District to the southwest and Beed District to the northwest. Parner and Nagar Tahsil to north and Karjat to southwest. Agro climatologically, ShrigondaTahsil is affected by drought prone area, and average annual rainfall is 522 mm. and the rainfall is 77% in June to September, which is reflected on cropping pattern of the Tahsil. The average maximum temperature is 38.9°C. The area is characterized by plateau of Ahmednagar district and dose not shows high aptitude of relative relief and absolute relief. The offshoots of Balaghat range extended to northeast portion of Tahsil and locally known as KolgaonMandavgan hill range. The rest of the area shows topography throughout the area. The geographical structure of this study area is consisting of very hard basaltic rocks. The horizontal layers of sill and sheet formed in this area. The soils in the hill slope area are characterized by thin layer cover with Murum and slightly faint grey tones. Alluvial soils are found in major river basins Bhima and Sina which is highly reflected on natural vegetation acacia (Babhul) and Neem; are some of the characteristic species of semiarid climate.

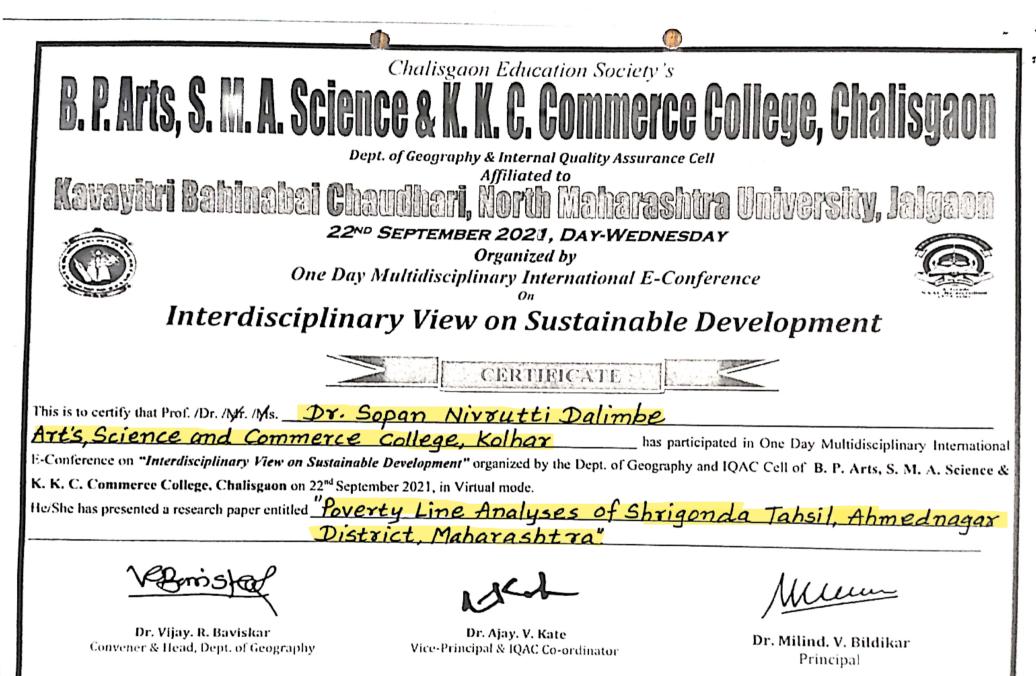
Sample Village Selection:

The next stage is to select villages for the intensive study of the farm household to assess the impact of irrigation, from out of the 114 villages, of the Shrigondatahsil. The study area is beyond imagination to the side villages. The numbers of villages are more; therefore the Tahsil will divide in to 11 divisions. In each division to villages are selected by random sampling method. 20 farmers will be selected in each division respectively. They will be divided in four categories such as Marginal, small, medium and big farmers (According to land holding capacity). Five sample of each category will be considered in terms of interview for study.

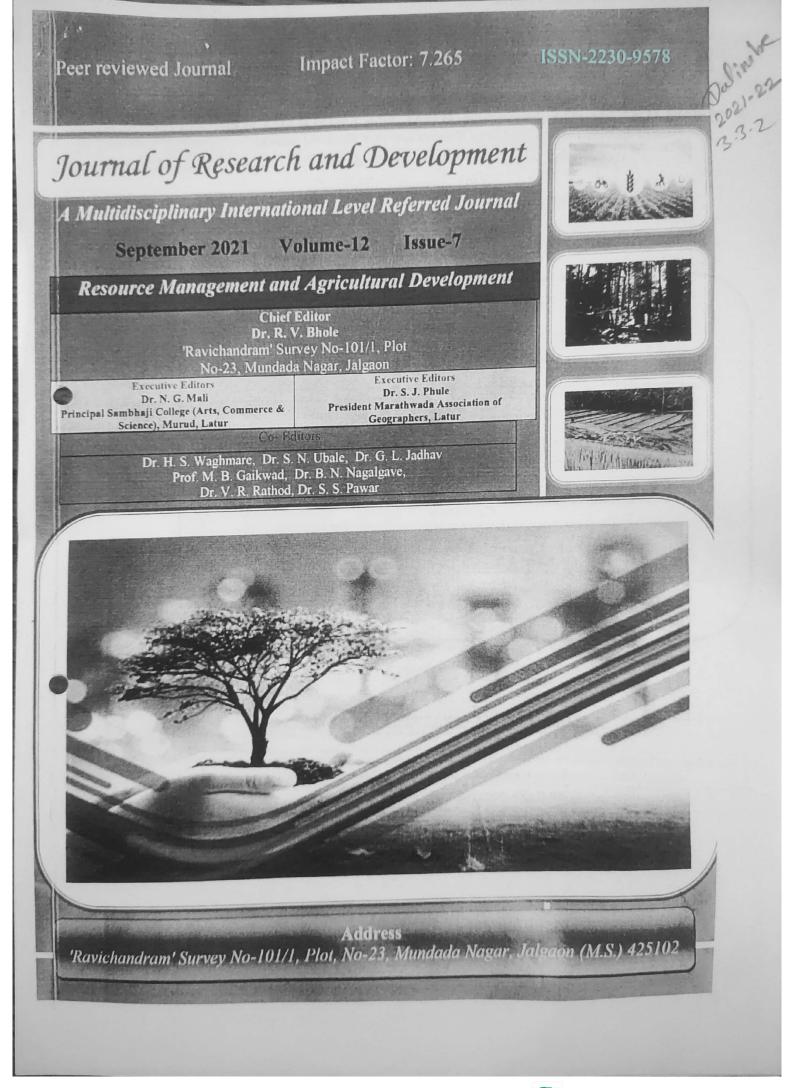
Sr. No.	Village	Population	Households	
1.	Cikhali	2256	378	
2.	Mungusgaon	923	172	
3.	Pargaon	3478	630	
4.	Kharatwadi	1554		
5.	Walghud	769	265	
6,	Thitesangavi	1051	124	
7.	Takali – Lonar		205	
8.	Deulgaon	2004	372	
9,	Borcc	2059	346	
10.	Wangdari	846	157	
11.	Rajaur	1935	336	
12.	Wadgaon – Shindodi	1864	311	
	Yewati	543	92	
13.		1324	240	
14.	Nimbavi	1638	339	
15.	Arvi	737		
16.	Mundhekarwadi	2657	64	
17.	SangaviDumala	1637	460	

## Table- 1 Selected Villages Population

Dr. Sopan N. Dalimbe



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## Case Study of Irrigation and economic Development: Shrigonda Tahsil (Ms) Dr. Dalimbe, S. N.

Assistan Professor, Department of Geography Arts, Science and Commerce College, Kolhar-413710, Maharashtra

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#### Abstract:

Shrigonda is one of the tabsils in Ahmednagar district known for its peculiar agroclimatic condition favors the economic development. According to 2011 census handbook the Shrigondatahsil supports 2, 35,706 population in 114 villages. In comparison with 2001 census net population is more than 55,000. This shows that the decadal population growth rate of the tahsil is more than 29.22%. This certainly has created tremendous pressure on land and resources in this area. The standard of living and income level of the farmers are not so sound. The young population seems mostly un-employment. On the other hand, very large proportion of wasteland (21.64%) of the total geographical area. As per 2001 census, the Shrigondatahsil total geographical area is of 1,519.80 Sq. km, percentage of cultivable area to total area is 71.36, and irrigated area to total cultivable area is 27.72, Shrigondatahsil irrigated area is 30,064.95 hectares (Govt. canals-13,785.97 hectares, Wells-16,100.67 hectares, Other-178.31 hectares), and total un-irrigated area is of 78,389.66 hectares. In this context the socio-economic development process are important and vital areas where irrigation can be instrumental in uplifting the standard of living, economic status and human dignity in rural poor. Hence, the starting point for economic development would be no other than agriculture itself.

## Hypotheses:

- 1. Impact of irrigation on rural development due to the agricultural development.
- 2. Due to irrigation, changes occur in crop pattern, productivity and per capita income.
- 3. Due to irrigation development Visapur Dam-1927, Ghod Dam-1966, and Kukadi Left Bank Canal- 1981 area under irrigation is increase therefore socio-economic changes took place in the study area.

#### Study Area:

ShrigondaTahsil forms to the southern part of Ahmednagar District (18º 27' N to 18º 51' North latitudes and 74° 23' E to 74° 52' East longitudes). Total geographical area of the Tahsil is 1519.89 Sq. Km. and stand fourth largest Tahsil in Ahmednagar district. ShrigondaTahsil is situated between Pune District to the southwest and Beed District to the northeast. Parner and Nagar Tahsil to north and Karjat to southeast. Agro climatologically, ShrigondaTahsil is affected by drought prone area, average annual rainfall is 200 to 450 mm. and the rainfall is 77% in June to September, which is reflected on cropping pattern of the Tahsil. The average maximum temperature is 38.900

**Objectives** of the study:

- To study the impact of irrigation on economic development. 1.
- To examine impact of irrigation on land utilization and cropping pattern. 2.
- 3. To assess the socio-cultural changes in study area.
- 4. To study the changes in irrigation types and irrigation systems.

#### Methodology:

Statistical tool play important role in present research. For data analysis average, percentage, standard deviation, measures of central tendency, etc; have been used for tabulation and presentation of data. The following methods are used for study purpose.

1. Weaver's method (1954) of crop combination been used for calculating of crop combination in study area. Following formula is used for this

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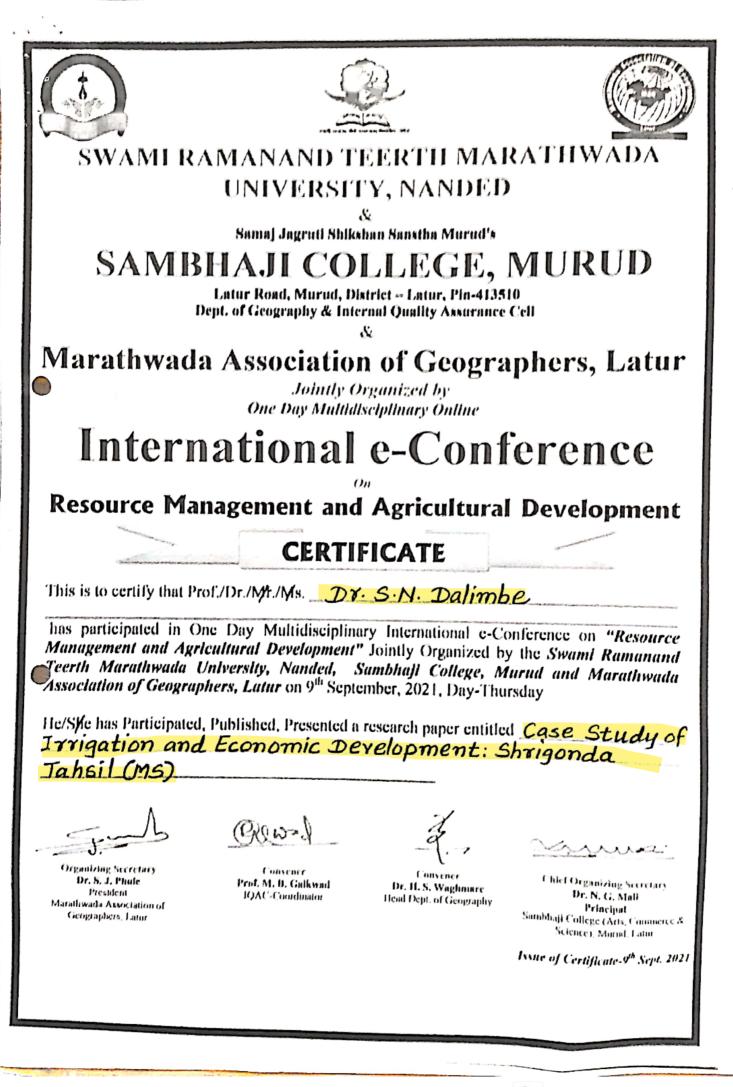
 $\vartheta$  = Value of crop combination, d = the difference between the actual crop percentage in a given unit and appropriate percentage in the theoretical curve, n = Number of crops in a given combination.

As Weaver's point out, the relative, not absolute value being significant, square roots not extracted so, the actual formula used as follows: d²

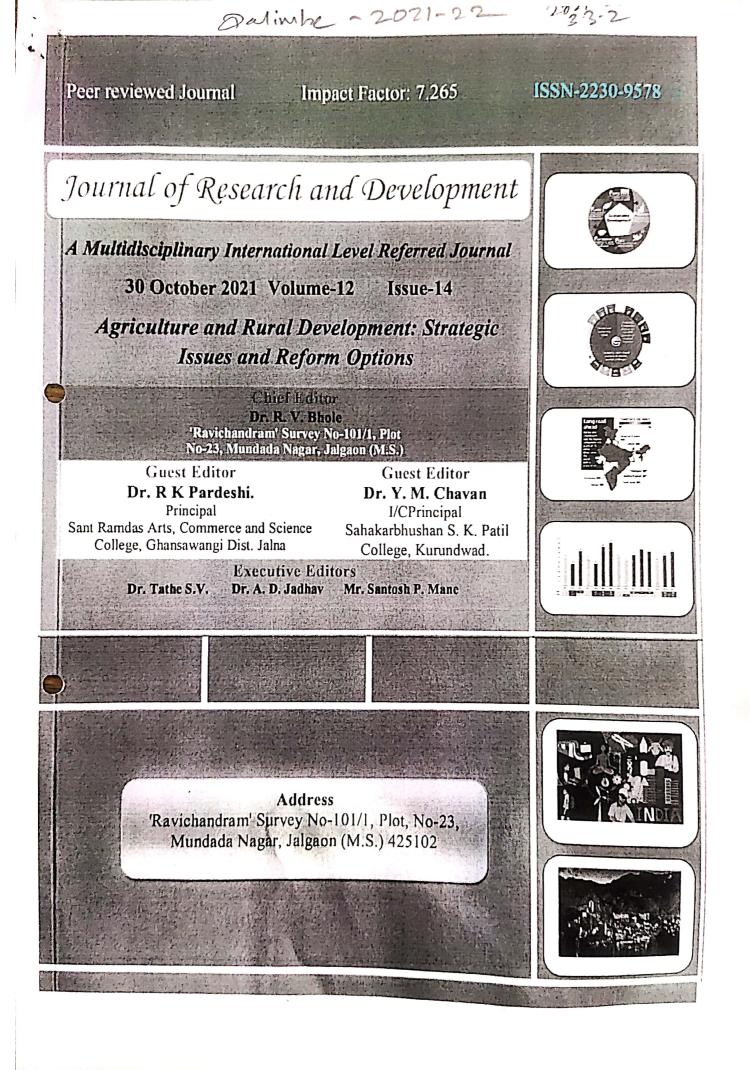
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2. The patterns of crop diversifications in study area are calculated by Bhatia's method (1965). The modified formula used for this,





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## Land Utilization, Irrigation and Cropping Pattern of Shrigonda Tahsil, Ahmednagar District (MS)

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### Abstract:

In India with more than 75% of the total population is in rural areas. It is imperative to develop the villages. Agricultural activity is not only a means of carning livelihood about a way of life in the Indian context. In India, agricultural sector is predominant. So obviously agricultural planning will be the core of the overall planning. Out of the National Income gross agricultures share is 42%. Hence the level of efficiency and productivity in agriculture to a great extent determine the efficiency of Indian economy. Thus indirectly rural development is depends on the agricultural development of the nation. When once the population is self-sufficient in the food grains, oil seeds, pulses etc. the surplus income generated can be used for other necessary infrastructure development for the development of agriculture, the availability of water dependable and in sufficient quantity is a pre-condition. Rural development and prosperity through irrigation has been the dominant theme is in Indian planning through five year plans.

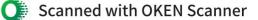
Shrigonda is one of the tahsils in Ahmednagar district known for its peculiar agro-climatic condition favors the economic development. According to 2011 census handbook the Shrigondatahsil supports 2, 35,706 population in 114 villages. In comparison with 2001 census net population is more than 55,000. This shows that the decadal population growth rate of the tahsil is more than 29.22%. This certainly has created tremendous pressure on land and resources in this area. The standard of living and income level of the farmers are not so sound. The young population seems mostly un-employment. On the other hand, very large proportion of wasteland (21.64%) of the total geographical area. Land Utilization and Irrigation:

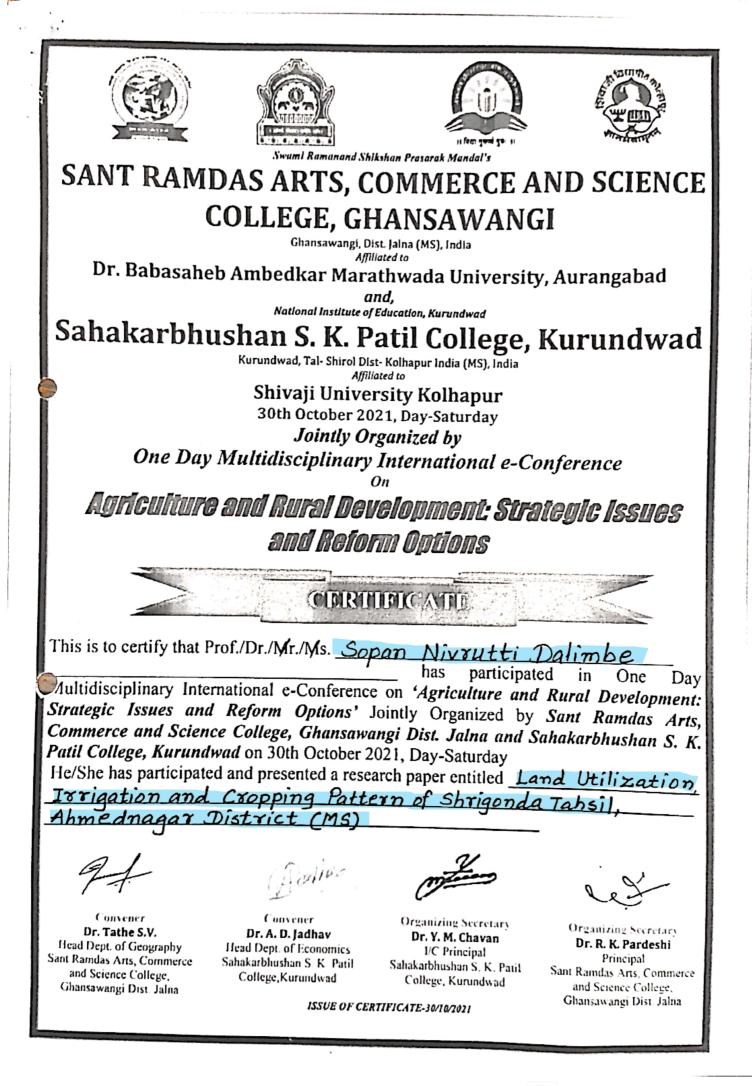
Table I gives the values in terms of land utilization and irrigation for the total. For ready reference the total values are given in absolute figures. To start with, the base comparison shows that there is an increase in the number of cultivators in irrigated villages to the extent of 10 % over ten years (with 2006) in between: the year of start of irrigation while in un-irrigated villages the increase appears to be quite marginal (2.0%). The total land under cultivation seems to have suffered a loss over time. The loss in cultivated area is more in un- irrigated villages (-2.3%) than in irrigated villages (-1.3%). Thus the pressure on land seems to be more in irrigated villages than in un- irrigated villages. The reason is obvious: irrigation. The land man ratio in these villages gives another dimension of the problem. Prior to irrigation, in irrigated villages, land available per head was 4.81 hectares. Higher than that was available in unirrigated villages (4.24), during 2001. With an increase in cultivators (+10.0) and a decrease in the area (-1.3), naturally the pressure has mounted up on land, over time. This has resulted in the reduction of land available per head to 4.32 hectares in irrigated villages (almost half hectare reduction per head). In unirrigated villages the number of cultivators has increased only by 2% and the land available has also been reduced by 2.3 % over ten years. Hence, the per capita land availability is reduced by only 0.18 hectares in un- irrigated villages, over ten years. Thus in the post irrigation period also (2011), with half a hectares

Sr.	Table- ILand Utilization and Irrigation					
No.	Use Туре	Irrigated Villages		Un- irrigated Villages		
1.	Total geographical Area (heet.)	2001	2011	2001	2011	
2.	Porest	19032	19032			
3.	Land not available for cultivation	4.75%	4.75%	4967	4967	
4.	N.C. land / fallow	3364	and the second se	14.3%	14.3%	
5.	Net area sown	2860	3376	1046	996	
6.	Net area irrigation	14488	3540	1240	1310	
7.	% of irrigation (by canal)	4162	13230	3017	2912	
8.	Tanks	73%	4425	683	692	
9,	Wells	28%	76%			
	The total geographical area in ini	37%	35%	10%	8%	

Table- ILand Ltti

irrigated villages. During 2011 the net area sown, (as % to the total geographical area) was 76.12% for





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